

FACULTY OF HUMANITIES

M.Sc. Counselling Psychology

Programme Educational Objectives

PEO1: To impart advanced knowledge and professional skills in the domain of Counselling Psychology.

PEO2: To provide research skills with professional ethics and human values.

Programme Outcome

After the successful completion of the two year M.Sc. Counselling Psychology Programme, the graduate will be able to:

PO1: Demonstrate professional skills for global employability, human behavioral development and lifelong learning.

Programme Specific Outcomes

After the successful completion of the two year M.Sc. Counselling Psychology Programme, the graduate will be able to:

PSO1: Apply theoretical frameworks of Counselling Psychology to domains of human behavior.

PSO2: Master counselling therapeutic practices adhering to professional ethics.

PSO3: Demonstrate potential for independent research, professional counselling and societal development.

I Semester

Course Type	Course Code	Course Title	Course Outcome
DSCC	MPC204B11	Introduction to Psychology	<ol style="list-style-type: none"> 1. Critically evaluate the schools of Psychology 2. Examine the structure and function of nervous system 3. Compare and contrast the theoretical, structural and functional framework of sensation and perception 4. Distinguish physiological and psychological precepts of motivation, its functions and underlying phenomenon 5. Extrapolate strategies to cope with stress and emotions
DSCC	MPC204B12	Theories of Counselling and Psychotherapy	<ol style="list-style-type: none"> 1. Critically evaluate psychoanalytic and psychodynamic perspectives 2. Extrapolate the behavioral therapy to the counselling settings 3. Compare and contrast the existential to humanistic approaches 4. Evaluate the cases according to cognitive model, appraise and practice intervention techniques 5. Design treatment plan based on postmodern approaches
DSCC	MPC204B13	Foundations of Professional Counselling	<ol style="list-style-type: none"> 1. Analyze the antecedent perspectives in counselling 2. Demonstrate micro and macro skills involved in counselling process 3. Integrate basic and advanced counselling skills in individual sessions 4. Evaluate the counselling models given by Rogers, Truax and Carkhuff, Eagan, Ivey and Cormier 5. Design layout for counselling center using professional ethics.
DSCC	MPY204B14	Research Methods in Behavioral Sciences	<ol style="list-style-type: none"> 1. Build research aptitude and instill skills for executing ethical research process 2. Create and evaluate appropriate research design for the study 3. Formulate research method based on variables of the study 4. Construct psychometric tools and standardize considering ethical principles 5. Examine and review methods involved in research and draft a report based on current American Psychological Association (APA) formatting
DSCL	MPC2L4B11	Individual Counselling Skills and Techniques Practical	<ol style="list-style-type: none"> 1. Demonstrate micro and macro skills and individual counselling techniques 2. Report verbatim analysis as process comments for an individual counselling session
DSCL	MPC2L4B12	Computer Applications in Behavioral Sciences Practical	<ol style="list-style-type: none"> 1. Demonstrate and apply the procedure for using Microsoft Word, Excel and PowerPoint and Statistical Package for Social Sciences (SPSS) 2. Derive statistical inferences using SPSS output

Bachelor**Programme Matrix: Master of Science- Counselling Psychology [2019 Batch]**

			<ol style="list-style-type: none">3. Preparing and structuring a manuscript using the current APA formatting4. Build and execute projects essential in psychological settings
SEC	MPC402B11	Statistics in Behavioral Sciences	<ol style="list-style-type: none">1. Analyze and interpret data using descriptive statistics2. Formulate and test hypothesis using z and t tests3. Develop skills to apply a statistic to test the hypotheses4. Justify the application of appropriate statistical test to answer a research question5. Analyze results using hypothesis testing techniques

Course Type	Course Code	Course Title	Course Outcome
DSCC	MPC204B21	Psychology and Individual Differences	<ol style="list-style-type: none"> 1. Integrate learning theories to explain animal and human behaviour 2. Distinguish the physiological and psychological processes involved in memory and forgetting 3. Critically evaluate the formation of personality from psychoanalytic, neo Freudian, trait, learning and humanistic approaches 4. Appraise the need for thinking, reasoning and language to describe higher order cognitive processes/functioning 5. Compare and contrast approaches towards intelligence and creativity
DSCC	MPC204B22	Social and Community Psychology	<ol style="list-style-type: none"> 1. Evaluate social and community psychology perspectives 2. Analyze mental health issues and promote healthy practices 3. Attend and respond to intrapersonal processes 4. Refine and master pro-social behaviour 5. Evaluate the consequences of aggression and review the role of a psychologist for social and community well-being
DSCC	MPC204B23	Group Counselling	<ol style="list-style-type: none"> 1. Distinguish the types of groups in counselling and the ethical issues 2. Critically evaluate the processes and techniques of group counselling 3. Adhere to stages the stages of group formation 4. Integrate basic skills of group leadership 5. Apply group processes in educational setting
DSCC	MPC204B24	Understanding Psychopathology	<ol style="list-style-type: none"> 1. Classify psychological disorders based on the existing classification systems 2. Analyze the etiology of mood disorders using case studies 3. Determine the clinical features of anxiety disorders 4. Formulate treatment plan for stress and substance related disorders 5. Distinguish between clusters of personality disorder
DSCL	MPC2L2B21	Group Counselling Practical	<ol style="list-style-type: none"> 1. Demonstrate group counselling skills 2. Perform group counselling skills in professional settings 3. Integrate generic skills necessary for group counselling
DSCF	MPC2F4B21	Supervised Concurrent Fieldwork I	<ol style="list-style-type: none"> 1. Calibrate the acquired skills in counselling 2. Form attitude for professional counselling

			3. Demonstrate skills adapting to situations
--	--	--	--

III Semester

Course Type		Course Code	Couse Title	Course Outcome
DSCC		MPC204B31	Human Development	<ol style="list-style-type: none"> 1. Distinguish between physical, socio-emotional, cognitive aspects of human development 2. Analyze biological processes in human development 3. Evaluate theories of cognitive and moral human development 4. Compare and contrast socio-emotional theories of human development
DSCL		MPC2L4B31	Assessment for Counselling Practical	<ol style="list-style-type: none"> 1. Demonstrate the assessment procedures of all the tests 2. Prepare a plan suitable for assessments 3. Draft a comprehensive report on all the assessments
DSCP		MPC2P6B31	Research Oriented Practical and Dissertation	<ol style="list-style-type: none"> 1. Analyze the existing literature for identifying gaps in research 2. Design and execute methods involved in research and develop practical skills 3. Formulate research method based on variables of the study 4. Imply the findings of quantitative and qualitative data analysis 5. Draft the report in the current APA formatting
DSCF		MPC2F4B31	Supervised Concurrent Fieldwork II	<ol style="list-style-type: none"> 1. Apply theoretical knowledge in practice 2. Develop necessary knowledge and skill for counselling 3. Display leadership skills and attitudinal changes
Any ONE to be opted	DSC C	MPCS04B31	Couple and Family Therapy	<ol style="list-style-type: none"> 1. Conceptualize fundamental aspects of family therapy 2. Integrate the cultural context of marriage and family 3. Analyze the structure of interaction patterns in family 4. Evaluate theoretical perspectives of family counselling 5. Create a plan for assessment and therapy for couples and families
	DSC C	MPCT04B31	Workplace Counselling	<ol style="list-style-type: none"> 1. Identify the problems in the workplace and design appropriate employee assistance programme 2. Distinguish between approaches at workplace culture and counselling 3. Impart skills for workplace counselling 4. Critically evaluate models of workplace counselling 5. Design intervention techniques to handle stress and behavioral problems

IV Semester

Course Type	Course Code	Course Title	Course Outcome
DSCC	MPC204B41	Alternative Healing Practices	<ol style="list-style-type: none"> 1. Break down the underpinnings of alternative and complementary healing practice with an emphasis on an illness's etiology and curative factors 2. Appraise the different art-based therapies to enhance the well-being of an individual 3. Integrate different forms of human energy for healing and evaluate the various factors affecting the mind 4. Formulate a plan to utilize the various alternative healing practices in daily life
DSCC	MPC204B42	Positive and Indigenous Psychology	<ol style="list-style-type: none"> 1. Assess HR profile of specific industry from evaluate the different perspectives and context of Positive Psychology 2. Relate their experience of positive emotions and subjective well-being 3. Practice aspects of mindfulness to enhance experience, self-efficacy, and improve relationships 4. Analyse the aspects of human behaviour such as empathy, altruism, and love 5. Formulate a plan to enhance the coping mechanisms through various self-based approaches
DSCC	MPC204B43	Child and Adolescent Counselling	<ol style="list-style-type: none"> 1. Analyze the counselling needs for counselling children and adolescents, and follow ethical guidelines 2. Critically evaluate and integrate skills to handle child and adolescent clients 3. Develop skills and techniques to teach children and adolescents 4. Design strategies to improve study skills 5. Execute psychosocial interventions as a consultant
DSCC	MPC204B44	Educational and Career Counselling	<ol style="list-style-type: none"> 1. Assess the need for guidance and counselling 2. Impart learning styles for academic development 3. Demonstrate testing methods for assessment 4. Develop strategies to deal with exceptional children 5. Practice as a career consultant following ethics in career counselling
DSCF	MPC2F2B41	Supervised Concurrent Fieldwork III	<ol style="list-style-type: none"> 1. Apply theoretical knowledge in practice 2. Acquire knowledge and skill development 3. Obtain attitudinal changes
DSCI	MPC2I4B42	Internship	<ol style="list-style-type: none"> 1. Develop skills and knowledge with regards to research 2. Develop research temperament