



KRISTU JAYANTI
(DEEMED TO BE UNIVERSITY)
Under Section 3 of UGC Act 1956
A CMI INSTITUTION | BENGALURU | INDIA

Centre for Research & Development

Research Supervisor (Guide) Profiles

Discipline of Supervision: **Psychology**



Dr. Sruthi Sivaraman

Assistant Professor
Department of Psychology
School of Humanities and Social Sciences

Areas of Specialisation:

Geriatric Psychology, Industrial Psychology,
Positive Psychology

Dr. Sruthi Sivaraman is the Head of the Department of Psychology at Kristu Jayanti (Deemed-to-be University), Bengaluru, India. With over 15 years of professional experience, her expertise spans strategic development and management of dementia care across diverse populations, cognitive assessment and diagnosis in the elderly, non-pharmacological interventions, supportive therapy, counselling, grief management, and project management. She holds certifications in Geriatric Counselling from TISS and Dementia Care Management from Alzheimer's Disease International. Dr. Sivaraman has contributed significantly to research with 25 publications in peer-reviewed, Scopus, and Web of Science journals, advancing knowledge in geriatric mental health and dementia care.

Selected Publications:

1. Murthy, R., **Sivaraman, S.**, Chandra, A., Bhandary, S., and Harbishettar, V. (2021). Unexplored Needs of the Older Adults: Experiences from Elders Helpline in Bengaluru. Indian Journal of Psychological Medicine, 43(5_suppl), S113–S120. <https://doi.org/10.1177/02537176211046529>
2. **Sivaraman, S.**, and Sherin, P. A. (2018). Cd-Risc Correlates of Well Being Among Formal Caregivers of People with Dementia. IOSR Journal of Humanities and Social Science. <https://www.iosrjournals.org/iosr-jhss/papers/Vol.%2023%20Issue6/Version-3/A2306030104.pdf>
3. **Sivaraman, S.**, and Sherin, P. A. (2018). Effect of Mental Health Promotion Intervention on Well-Being of Formal Caregivers of Patients with Dementia. International Journal of Indian Psychology, 6(4). <https://doi.org/10.25215/0604.099>