



## Centre for Research & Development

### Research Supervisor (Guide) Profiles

#### Discipline of Supervision: **Social Work**



#### **Dr. Jonas Richard**

Professor

Department of Social Work (PG)

School of Humanities and Social Sciences

#### **Areas of Specialisation:**

Social Work, Human Resource Management,  
Life Skills Education, Employee Engagement , CSR, SDG

Dr. Jonas Richard A is a dedicated social work educator and researcher, committed to addressing societal challenges and enhancing holistic well-being. He holds a Ph.D. in Social Work and brings expertise spanning Social Work, Life Skills Education, Employee Engagement, Community Development, Vulnerable Populations, Healthcare, Education, Organizational Development, Mental Health, and Corporate Social Responsibility (CSR). A central focus of his work is the empowerment of vulnerable populations, including children in slums, migrant workers, the elderly, and women in marginalized communities. He strategically employs community development approaches and participatory action research to design informed, sustainable interventions that promote inclusion and resilience. Recognizing the transformative power of education, Dr. Richard actively examines issues of access, equity, and impact, with particular emphasis on Life Skills Education. His research also highlights the importance of mental health and well-being, exploring resilience-building, stress management, and community mental health initiatives. In addition, He contributes significantly to employee engagement and organizational development, offering practical insights into cultivating supportive, productive, and people-centered workplaces. His expertise in CSR enables organizations to align their practices with social good, while his research also explores the intersections of healthcare, technology, and patient well-being.

#### **Selected Publications:**

1. R, S. Kumar., A, W. Joyce., and **Jonas, R. A.** (2023). Health Seeking Behaviour of Migrant Labour Communities in Bengaluru. *Kristu Jayanti Journal of Humanities and Social Sciences (KJHSS)*, 1–14. <https://doi.org/10.59176/kjhss.v3i0.2317>
2. Poornima, P. S., Winnie, J. A., **Jonas, R. A.** (2025). Level of Awareness on Andropause Symptoms among Men and Their Psychosocial Status. *International Journal for Scientific Research and Development*. <https://www.ijserd.com/Article.php?manuscript=IJSRDV10I80010>
3. M, R., **Jonas, R. A.**, and A, W. J. (2021). Situational Analysis on Nutritional Status of Adolescent Girls: A Study from Rural Karnataka, India. *IRA-International Journal of Management & Social Sciences (ISSN 2455-2267)*, 17(1), 9. <https://doi.org/10.21013/jmss.v17.n1.p2>