



Centre for Research & Development

Research Supervisor (Guide) Profiles

Discipline of Supervision: **Management**



Dr. Arthi R

Assistant Professor
Institute of Management
School of Business and Management

Areas of Specialisation:

Leadership, Emotional Intelligence,
stress management, Individual and organizational outcomes

Dr. R. Arthi is an Assistant Professor at the Institute of Management, Kristu Jayanti (Deemed to be University), Bengaluru. She holds a Ph.D. in Management from VIT University, where her doctoral research focused on Managing Work-Family Domain Conflicts: The Additive Moderation Effect of Emotional Intelligence and Transformational Leadership. With over a decade of academic and research experience, She has guided numerous postgraduate students in research writing, publications, and project work. Her teaching expertise encompasses Business Analytics, Human Resource Management, Organizational Behaviour, Emotional Intelligence, and Business Research Methods. She is proficient in advanced research and analytical tools, including SPSS, AMOS, Smart PLS, Process Macro, Tableau, Power BI, and Advanced Excel. She has been recognized with the Researcher Award at VIT University and continues to actively mentor research scholars. Her scholarly contributions include publications in Scopus and ABDC-indexed journals, including a notable Q1 journal article in Problems and Perspectives in Management, as well as book chapters and Springer publications. Her current research interests focus on Emotional Intelligence, Work-Family Interface, Transformational Leadership, Employee Well-being, and applications of Business Analytics in HR and Marketing.

Selected Publications:

1. D. Joseph Charles. T, Aloysius Edward J, and **Arthi, R.** (2025). Beyond the Lecture Hall: Embracing Innovative Pedagogies for Global Leadership in MBA Education. Journal of Informatics Education and Research. <https://doi.org/10.52783/jier.v5i2.3154>
2. **Arthi, R.**, and Gita, P. C. (2024). Remote work demands and work-life balance: Moderating effect of perceived leadership behavior. Journal of Asian Scientific Research, 14(1), 1–9. <https://doi.org/10.55493/5003.v14i1.4961>
3. **Arthi, R.**, and Gita, P. C. (2024). Remote work demands and work-life balance: Moderating effect of perceived leadership behavior. Journal of Asian Scientific Research, 14(1), 1–9. <https://doi.org/10.55493/5003.v14i1.4961>