



Centre for Research & Development

Research Supervisor (Guide) Profiles

Discipline of Supervision: **English Literature**



Dr. Akhila Variyar

Assistant Professor
Department of English
School of Humanities and Social Sciences

Areas of Specialisation:

Postcolonial Literature - Diasporic Writing, Disability Studies
and Revisionist Literature

Dr. Akhila Variyar is an Assistant Professor of English in the Department of English, School of Humanities and Social Sciences, at Kristu Jayanti (Deemed-to-be) University, Bengaluru. She earned her Ph.D. from REVA University, Bengaluru, with a specialization in Postcolonial Literature, and holds an M.A. in English Language and Literature with a University Rank from Bharathiar University, Coimbatore. She was awarded the UGC Merit Scholarship in 2014. She has over nine years of teaching experience and is actively engaged in research. She has published numerous scholarly papers in reputed international, national, Scopus-, and Web of Science-indexed journals, and has presented papers at multiple conferences and seminars. She serves as an external member of the Board of Studies at Garden City University, Bengaluru. Her research interests include Diasporic Writing, Disability Studies, and Revisionist Literature. As an academician, she believes in the transformative power of literature in connecting culture, history, and society.

Selected Publications:

1. Tom, T., Jose, J., **Variyar, A.**, Thomas, C., Preethi, S. J. G., Maheswary, U., & Raj, P. S. (2025). Revolutionizing Waste Management in Developing Countries: Challenges and Opportunities. In *Studies in Systems, Decision and Control* (pp. 271–283). Springer Nature Switzerland. https://doi.org/10.1007/978-3-031-86708-8_23
2. Preethi, S. J. G., Diwani, G., Saranya, S., Vaishnavi, M., Jose, J., **Variyar, A.**, & Tom, T. (2024). The Impact of Foreign Remittance on Consumer Spending, GDP Per Capita, and Unemployment Rates: An Empirical Analysis. In *Studies in Systems, Decision and Control* (pp. 393–404). Springer Nature Switzerland. https://doi.org/10.1007/978-3-031-63569-4_34
3. Tom, T., Eswara Reddy, E., Jose, J., Preethi, S. J. G., Maheswary, U., & **Variyar, A.** (2025). Nutrient-Rich Elixir the Health and Wellness Benefits of Tropical Fruit Cocos Nucifera. In *Studies in Systems, Decision and Control* (pp. 133–144). Springer Nature Switzerland. https://doi.org/10.1007/978-3-031-86708-8_11