



**KRISTU JAYANTI**  
(DEEMED TO BE UNIVERSITY)  
Under Section 3 of UGC Act 1956  
A CMI INSTITUTION | BENGALURU | INDIA

## Centre for Research & Development

### Research Supervisor (Guide) Profiles

#### Discipline of Supervision: **English Literature**



#### **Dr. Arsha Subbi**

Assistant Professor  
Department of English  
School of Humanities and Social Sciences

#### **Areas of Specialisation:**

Gender Studies, Cultural Studies, Masculinity Studies,  
Trauma Studies

Dr. Arsha Subbi is an Assistant Professor in the Department of English at Kristu Jayanti (Deemed-to-be) University, Bengaluru. Her research interests include Gender Studies, Feminist Literary Criticism, Masculinity Studies, Trauma Narratives, Postcolonial Identity, and Translation Studies. She has made significant contributions to Masculinity Studies, particularly through her research on male mental health, gender conformity, and the representation of masculinities in literature and culture. Notable works include “Gender Conformity and Deteriorating Male Mental Health Conditions” (Web of Science, 2021) and “Visualizing Masculinity: Graphic Medicine’s Exploration of Male Autism” (Routledge, 2024), which critically examine how rigid gender norms affect male subjectivities and mental well-being. With more than fifteen publications in reputed journals and edited volumes, including contributions to Routledge and Glob ethics, Her scholarship foregrounds the intersections of gender, identity, and culture, advancing interdisciplinary dialogue in literary and cultural studies.

#### **Selected Publications:**

1. Thomas, L., & **Subbi, A.** (2025). Mapping the Self and Transcending Spatiality. In *Interstices of Space and Memory* (pp. 153–158). Routledge. <https://doi.org/10.4324/9781003606666-29>
2. **Subbi, A.** (2022). Corollaries of Gendered Body Acts: A Theoretical Understanding. *Kristu Jayanti Journal of Humanities and Social Sciences (KJHSS)*, 65–73. <https://doi.org/10.59176/kjhss.v2i0.2225>
3. **Subbi, A.**, & Giftsy, D. E. (2024). Visualizing Masculinity: Graphic Medicine’s Exploration of Male Autism in ‘Something Different About Dad.’ In *Revitalizing Health Through Humanities: Foregrounding Unheard Trends* (pp. 52–57). Routledge. <https://doi.org/10.1201/9781003567660-10>