

Taekwondo Intercollegiate tournament, selection trials held



BENGALURU

Bengaluru North University, in collaboration with the Centre for Physical Education and Fitness at Kristu Jayanti College (Autonomous), organized the Taekwondo Intercollegiate Tournament cum Selection Trials for men and women.

The event saw enthusiastic participation from various colleges under Bengaluru North University, with athletes competing for top honors and a chance to secure their spot in the selection trials. The competition aimed to foster sportsmanship and underline the importance of physical fitness among students.

The inaugural ceremony was graced by esteemed dignitaries. Fr. Dr. Lijo P. Thomas, Vice Principal of Kristu Jayanti College, delivered the presidential address, emphasizing the role of sports in building discipline and resilience. Dr. Srikanth, Director of Physical Education at Bengaluru North University, expressed his gratitude to Kristu Jayanti College for consistently hosting intercollegiate tournaments. During his inaugural address, he

commended the college for its excellent facilities, stating, "Kristu Jayanti College has always provided top-notch infrastructure and a supportive environment for athletes, ensuring the success of every tournament."

The tournament offered a platform for young taekwondo practitioners to demonstrate their skills, with many emerging as top contenders for future state and national-level competitions. The event concluded with a message encouraging students to continue striving for excellence in both academics and sports. In the valedictory session, Fr. Joshy Mathew, Director of the HR Department at Kristu Jayanti College, presented the prizes to the winners, applauding their impressive performances. Kristu Jayanti College, the host, claimed the overall championship, with Patel Institute of Science and Management finishing as the runner-up. The selection trials aimed to identify top talent for future university-level championships, encouraging students to excel both in sports and academics.

