



Kristu Jayanti College

AUTONOMOUS Bengaluru

Reaccredited 'A' Grade by NAAC | Affiliated to Bangalore University

Krysalis

Vol 1 | Issue 1, Sept 18

Department of English (PG)

PRINCIPAL'S NOTE



REV. FR. JOSEKUTTY P.D.

Creativity has that singular quality to add joy and meaning to life - it is the spark of the Divine in each of us. The in-house magazine of the Department of English (PG) celebrates this creativity and has showcased it in *Krysalis*, a magazine that attempts to highlight the importance of transformation and focus on right processes required to achieve that transformation.

I wish the Post-graduate Department of English, the very best in the event of the release of '*Krysalis*' and hope that it will be a catalyst and a chrysalis that ushers in great progress, beauty and Truth.

Fr. Josekutty P.D.
Principal,
Kristu Jayanti College

VICE PRINCIPAL'S NOTE



REV. FR. AUGUSTINE GEORGE

Among the many beautiful symbols that Nature provides us with, a chrysalis is an eternal symbol of hope and transformation. It reminds us that struggles are not in vain and can actually help us truly achieve our glorious potential. The PG Department of English in Kristu Jayanti College is marked by a persistent endeavour for achieving true potential and excellence, as it continues to focus on its message of hope and transformation. The 'coming out' of '*Krysalis*', the in-house magazine is certainly a testimonial to this fact. I appreciate this new endeavour that points to the commendable vision of the Department and pray that this magazine becomes a lasting testament of the creative abilities of the students which grows into fruition in the propitious environs offered by our College.

Fr. Augustine George,
Vice Principal &
Director, International Affairs, KJC

OUR COLLEGE



Kristu Jayanti College is an incarnation of the educational dreams of Saint Kuria-kose Elias Chavara (1805-1871), the founder of the religious congregation, Carmelites of Mary Immaculate (CMI). The motto of the college, 'Light and Prosperity', aims at the synthesis and the harmony of the spiritual and the physical - the mind and the body. The curriculum and the co-curricular activities are the basic structures acting as springboards to step into the mystery of human life and beyond. The very name, Kristu Jayanti, as the college was started in Anno Domini 1999, is the commemoration of the two millennia of the birth of Jesus Christ, the Son of God, who invites each of us to attempt to reach the perfection of the heavenly father, God himself: "Be perfect, therefore, as your heavenly Father is perfect" (Mathew 5:48).

The college is affiliated to Bangalore University and is reaccredited with highest grade 'A' by NAAC in Second Cycle of Accreditation. The college is recognized by UGC under the category 2(f) & 12(B). The college was accorded autonomous status from 2013 by the University Grants Commission, Government of Karnataka and the Bangalore University.

OUR DEPARTMENT

The Department hopes to foster a congenial atmosphere for creativity and assiduous work: this beautiful result in the form of this magazine reiterates both the efficiency of its policies and the honest work of its members - both students and faculty. Its attempt to create a place where this creativity can flourish continues to remain as the hallmark of our Department and it is with every joy that we present to you this work of art in the form of 'Krysalis'.

It is immensely gratifying to witness this release of 'Krysalis,' the in-house magazine prepared by the 2017- 2019 batch of the Department.

Dr. Krishna Prabha V P, HOD, Department of English (PG)

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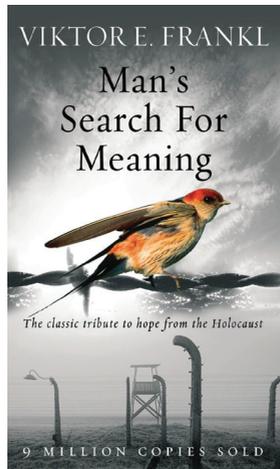
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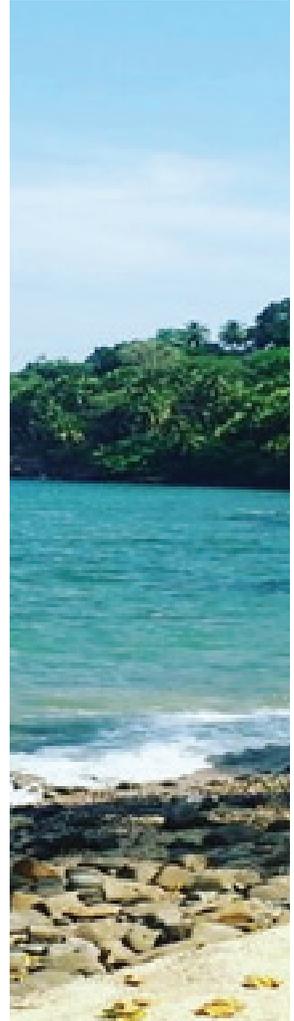
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KRYSTA-LENZ

**“If there is no struggle, there is no progress.”
-Frederick Douglass**

The world is hurtling towards change and progress even as each of us strive to move forward, achieve a little more and reach a little higher. In this relentless movement forward we often forget to pause and pay attention to the process through which we grow each day, each hour and each second. So too the caterpillar, as it grows and transforms. But have we ever considered that maybe there is more to a caterpillar's life than to be a butterfly. The transition it undergoes matters. The process is as important. If the cocoon is cut open before time, it will perish a weakling. Hardships help toughen us too, for we will never truly grow without hardships. Through our magazine “Krymalis”, we take a

conscious step into the process of our transformation. The English Department(PG), brings to you this sundry platter of varied artistic expressions and endeavours, that not only showcase the various talents and skills that the students possess, but also helps in bringing them together fostering leadership and teamwork skills. The process of evolving to be better human beings through this transformation is what we aim to do with “Krymalis.” We hope both readers and contributors will benefit by Krymalis as it embodies the spirit of not shying away from the struggle but rather persevering through till our wings shine in the sunlight.

~Rituza Roy, Student Editor



Rituza Roy,
M.A English



Gouri Priya,
M.A English



Joanna Emima,
M.A English



Faculty Coordinator
Dr. Lyola Thomas,
Dept of English PG



It was a languid Monday afternoon when four first year students from the Post-graduate Department of English sat down in their classroom to brainstorm and decide on a name for their in-house magazine. Many names were thought about, bandied around, read out, sounded out and abandoned...till finally the name Krysalis came floating in as it were on that eventful brilliant afternoon. The name Krysalis was perfect embodying the core purpose of the magazine even as it carried with it overtones of our college name Kristu Jayanti. The name Krysalis was decided on without any hesitation because it beautifully communicated the scope of the magazine while also encapsulating the transitional stage of the PG students. Krysalis was conceptualized as a space devoted to Transformation and Mindfulness.

Chrysalis: A chrysalis can be defined as a transitional state, as a process of developing, it is the journey between the cocoon state of a caterpillar through its transformation to a beautiful butterfly.

Word Origin: The word comes to us from early 17th century Latin chrysal(l)is, chrysal(l)-id, and from the Greek khrusallis, from khrusos 'gold' because of the gold colour or metallic sheen of some pupae.

Conceived by the students of the Post-graduate Department of English as a platform to showcase their creative contributions and aspirations, it hopes to remind its readers that each of us is still a work in progress, even as it attempts to inspire and transform its readers toward living with a heightened sense of consciousness and purpose.

**~Dr. Lyola Thomas,
Faculty Coordinator**

AKANSHA

The afternoon breeze, hums a lazy rhythm.
The chairs in the courtyard,
Silent witness to a mind, marr'd.
All is calm, All is still,
All queries, All worries, nil.
The Beloved has put the children to sleep,
They now snore deep. I can now rest,
Brooding on how one's blest.
To Have and to Hold,
Entrusted with souls to mould.
The Book I hold,
Carry the voices of many bold.
I am them. It is I.
Living the lives of many a woman.
Yet calm as the waves, I flow, I fill,
Within this circle, yet still.
~Sharon John, M.A English



Painting by
Sherin Rose Varghese

A MOTHER AND CHILD

A mother and child
Borne by the clouds,
in the thrall of the moon sit;
Nourished by the milk
Decanted by it
on the veil of their eyes:
Mingled and one, as seen
to him that alights.
To everybody else, this poem!
~S Jerome, M.A English



Sketch by Rituza Roy

THE HOLLOW PIT



Painting by
Sherin Rose Varghese

The pit in my stomach
is back feeling deeper,
the hair on my skin
stands straighter than before.

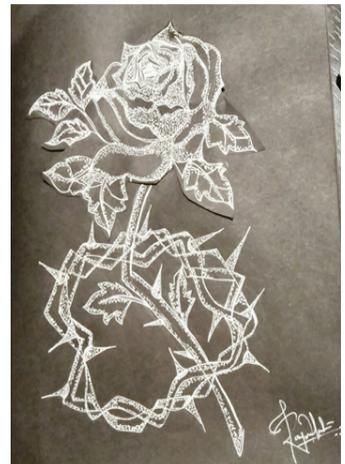
Wish I could tell what this is and
know why I am so unsure
is it the fear of moving forward
or the loss of what I leave behind.
I need to move on
yet I wish to curl right here
the present of my future
or the warmth of my past.

I am scared to even think of it
yet I will live it like I must
and this pit will remind me
of how my fear was nothing
but my love for you.

~**Rituza Roy, M.A English**

THE ROSE OF JERUSALEM

A prophecy blossomed and flowered,
When a mind and heart soaked in faith,
Mary welcomed into her womb,
The Son of the Almighty.
Her ordinariness was extraordinary,
Her very being witnessed the Incarnate,
And bloomed like the heart of the shepherds
They that watched the angelic choir.
Though the heralding of another birth - the
Church
Would be heard on that fateful Friday
From the Heart of her Son Incarnate,
Unwilted she'd yet stand, the rose of Jerusalem.



Art by Rosy

~**S Jerome, M.A English**

AWAKEN THE NIGHT



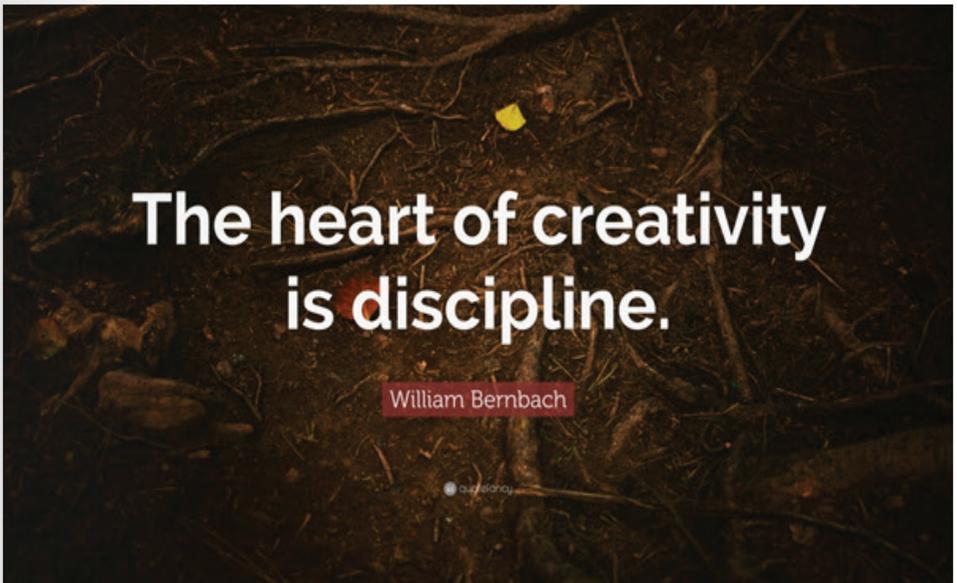
Art by Rituza Roy

The darkness veils the sky,
a deep blue blanket
a shroud to all my fears
covering every scar,
of every question left unanswered.

These doubts, like a million tiny
stars dot the sky above
twinkling to remind me of words
unsung,
of thoughts not composed
Of dissonant dreams.

I see all of eternity before me
in strokes of grey, blue and black
A beautiful orchestration played
across the sky .
A gentle reminder that stars
shine only in the dark.

~Joanna Emima, M.A English



**The heart of creativity
is discipline.**

William Bernbach

agency

CONTENT WRITER



If you have a high level of creativity, as well as the ability to use data driven insights to write better material, then a career as a content writer could suit you.

As a content writer you have to create compelling blog posts, product description, social media content, write articles and web copy.

Responsibilities of a Content Writer:

- Regularly make various content types, email, blogs and social media posts.
- Create content marketing campaigns.
- Edit content produced by others.
- Create innovative content ideas.

Related job titles include:

- Creative Content Writer
- Marketing Content Writer
- Web Content Manager
- Content Development Specialist

~**Ann Mary, M.A English**
Albin Johny, M.A English

TIPS TO DO A JOURNAL

1. Ease your mind: Breathe in breathe out. Stay rooted in the present and start writing, it will give you a better perspective of whatever happened.
2. Create a routine and schedule a time for writing, doing it at the same time every day helps make it into a habit.
3. Express yourself: - By expressing yourself frankly you get to know yourself better, you can be your own critic as well as your most ardent fan.
4. Make it creative and colourful: It's your journal, it does not come with rules so there is no harm in experimenting, add in more colours and bring out the fun factor. Doodling, writing quotes, pasting photos etc. are a great way of making it more personal.

~**Rosy, M.A English**

WHY LITERATURE?

Positioning Literature in the World Today



Books are a passport that can transport you anywhere in the world and...out of it too.

Literature is like a ray of light in this world of darkness. It broadens our minds inviting us to lend our thoughts to what the hushed world has to share. In today's world where Science, Commerce and Finance are clamouring for the commendations of many, the benign link that held us together has been lost. This self-centred world has advanced in knowledge and power but deteriorated in benevolence that has caused to mute the voices of many who suffer. Their voices can still be heard as they project their plight and their rights through words that are not spoken but written. These literates are the ones who irrigate the deserts that our lives have become.

Literature is an oasis that nourishes our barren thoughts. It sprinkles the water of clarity and gives us the breath of life. Literature teaches us how to live and enriches the necessary competencies that daily life requires and provides. It mirrors the society by not just simply describing it but also through ideas that question our morale. This is why Literature has its unique place in this world. Literature makes the reader visit places, experience events, meet people, listen to them, feel their joys and suffering, and in doing so uncovers the larger truths of life. This ultimately leads the reader to the phase of introspection that first transforms the 'self' and then encourages one to work for the betterment of 'the other'. Literature is more than just stories and wisdom. It does not only treat your brain with facts or fiction that interests you, but helps you to open the doors of your mind to realize that the world is not just what you see around you.

~Sherin Varghese, M.A English



Graffiti Removal by Banksy

Banksy is the pseudonym of an anonymous graffiti artist, political activist, all-purpose provocateur and film director based in England. A world famous artist, he has successfully managed to keep his true identity under wraps for more than two decades, allowing his work to speak for itself. His satirical street art and epigrams combine dark humor with graffiti. Street art is visual art created in public locations, usually unsanctioned artwork, executed outside of the context of traditional art venues. This particular work by Banksy known as 'GRAFFITI REMOVAL' was created in May 2008 on Leake Street, London and painted over by August 2008. In this work the role of graffiti is combined with the role of Palaeolithic rock art. It shows how the cultural legacy of society is being slowly erased

by society itself, just as graffiti is rejected and removed as mere vandalism before it can be analysed and appreciated. The cave paintings referred to are the paintings found in Lascaux; a complex of caves found in Dordogne region of southwest France and is estimated to be around 20,000 years old.

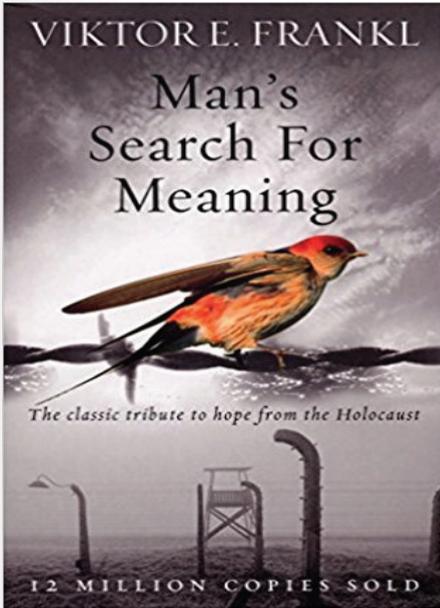
This reminds us how the stories of the old are not the concerns of the children of today who are revolted by what they view as the uncouthness of the old. We wipe away what was left behind to teach us, for we assume we have surpassed the masters. The grey man wipes away the colours of yesterday, for the unevolved believe they are the works of an uncivilized race. His black shoe is without mercy even as he ruthlessly washes away the last remnants of this priceless art.



Colourful Rain by Banksy

~ Kevin Joseph, M.A English

Man's Search for Meaning – Viktor E. Frankl



Psychologist Viktor E. Frankl's journal has stirred generations of readers with its descriptions of life in Nazi death camps and its lessons for spiritual survival. *Man's Search for Meaning* was first published in German in 1946, just one year after the end of the Second World War and the release of its author, psychologist Viktor Emil Frankl, from a Nazi concentration camp. With its exhortation to each individual to find the meaning in his or her life, Frankl's combined memoir and psychological treatise, first translated into English in 1959, has become

one of the most influential books of the twentieth century. The book consists of two parts, the first part deals with Frankl's personal experiences of Holocaust and the second part establishes his theory of Logotherapy as a means to find meaning. Frankl describes how he had survived amidst the panics of death. He speaks about the grip of life, meaning of suffering, and the strength of hope and optimism. Through his book Frankl proves Nietzsche's words, "He who has a why to live for can bear with almost any how." What really matters is an essential change in our attitude towards life. We have to learn ourselves and we also have to teach the despairing men, that "it did not really matter what we expected from life, but rather what life expected from us."

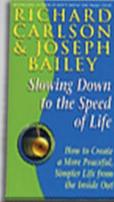
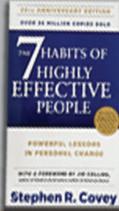
It is one of the most impactful books in the history of humanity which still helps generations of readers to be optimistic and to embrace the struggles of life with a renewed passion. It enkindles a spark of hope in the shadows of dejection and melancholy. It's a book that everyone must read.

~Sister Honey, M.A English

5 MUST READ BOOKS FOR SELF MOTIVATION

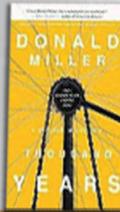
Slowing Down to the Speed of Life
~Richard Carlson and Joseph Bailey

'7 Habits of Highly Effective People'
~Stephen Covey



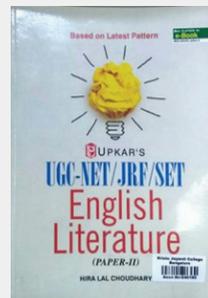
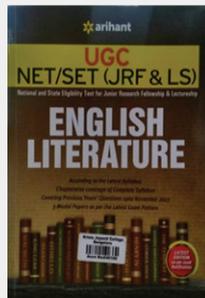
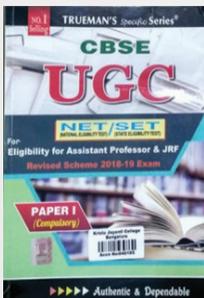
'Purpose Driven Life'
~Rick Warren

'A Million Miles in a Thousand Years'
~Donald Miller

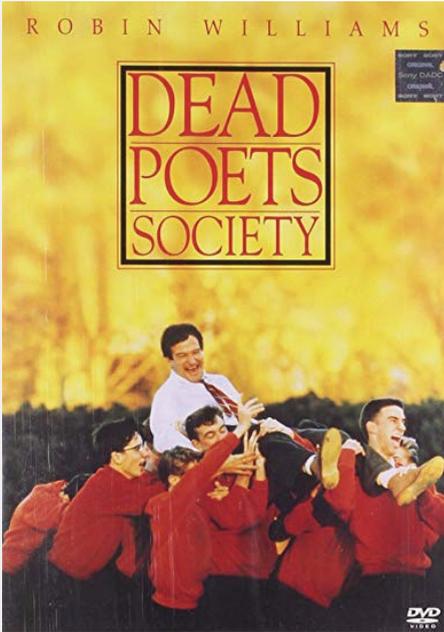


'The Success Principles'
~Jack Canfield

ATTENTION! TEACHER ASPIRANTS NEW ARRIVALS @ KRISTU JAYANTI LIBRARY



DEAD POETS SOCIETY



Dead Poets Society is a 1989 American drama film directed by Peter Weir, starring Robin Williams. Set in 1959 at the fictional elite conservative Vermont boarding school Welton Academy, it tells the story of an English teacher who inspires his

students through his teaching of poetry. On the first day of classes, the students are surprised by the unorthodox teaching methods of the new English teacher John Keating, who encourages his students to make their lives extraordinary, a sentiment he summarizes with the Latin expression *carpe diem*. Subsequent lessons include having them take turns standing on his desk to teach the boys how they must look at life in a different way, telling them to rip out the introduction of their poetry books which explains a mathematical formula used for rating poetry, and inviting them to make up their own style of walking in a courtyard to encourage them to be individuals. Unexpected death of one of his students results in his fall but his innocence finally gets revealed. He thanks his boys and then departs.

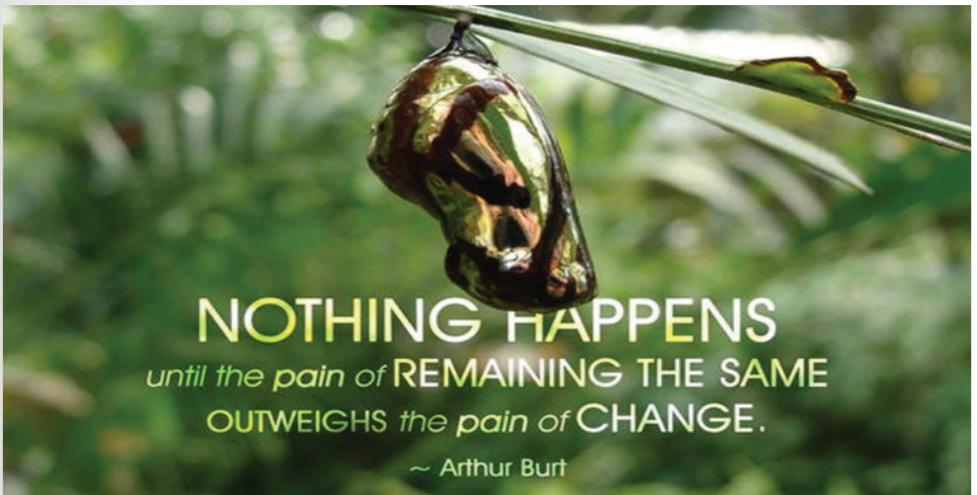
~**Jerin T, M.A English**



“The butterfly counts not the months but moments, and has time enough”

~ Rabindranath Tagore

Sketch by Rituza Roy



WHAT AILS OUR COUNTRY?



India is the world's largest democracy, in terms of population. Democracy by its very nature encourages diversity; however India continues to struggle with extremist opinions. Terrorist attacks are today a frequent news story, especially in the technological age where information and global events are easily shared and are commonly motivated by religious extremism, which stems from fundamentalism. Let us briefly pause to understand this burning issue. Fundamentalism is a concept that separates religious groups by their strict adherence to a specific doctrine. Essentially, these groups maintain strict interpretation of their respective religions and scriptures encouraging isolation and non-acceptance of other religious groups and their beliefs. In India, the British Rule encouraged division based on religious groups in order to maintain their control over the colony.

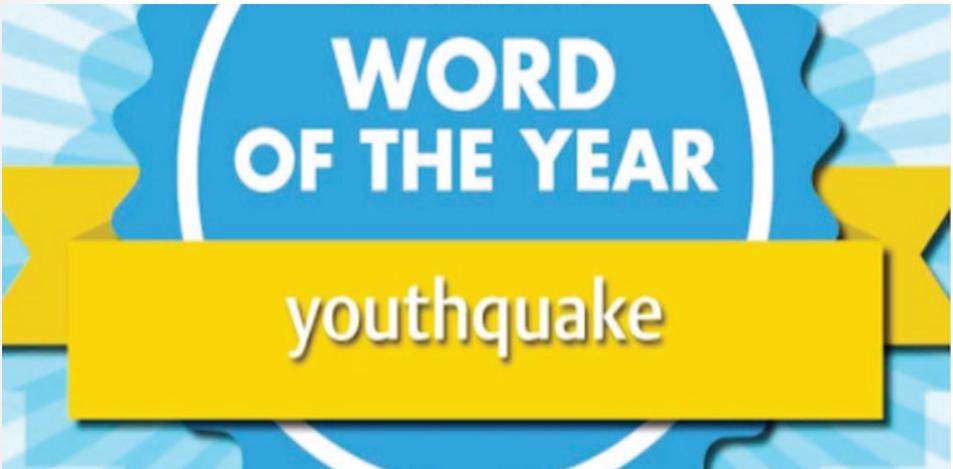
This separation of groups or communalism eventually led to an even more significant isolation of religious groups and paved the way for fundamentalist beliefs. Fundamentalist violence and terrorism isn't limited to religious groups. Citizens who are outspoken and oppose fundamentalist violence often become the target of fundamentalist groups. In particular they are liberals and activists who oppose specific religious practices. Fundamentalist groups often take offense to criticism and focus their attacks on these members of society. Dogmatic compliance is another distinguishing feature of all fundamentalisms. The fundamentalist's firm belief in the doctrine is impregnable; all tenets are inviolable, indefeasible, literal and absolute. Fundamentalism does not know the language of dialogue and communication but only that of imposition. Chauvinism is also another defining characteristic of fundamentalism. The fundamentalist makes a rallying call of equality but he is by action patriarchal. While he pays a great deal of lip service to ideals, he ignores them in practice and occasionally is contemptuous of them in private. Fundamentalism is at all times unfounded. It begins with a conclusion and, then rummages for proof.

If a fundamentalist fails to find any, he innovates till he finds one. This type of methodology is not exclusive to any one religion. All fundamentalists are as non-scientific as other fundamentalists. Fundamentalism promotes ignorance. It impedes progress. Let's

work together to educate our society and community so that we find ways to counteract and annihilate fundamentalism.

~**Devi Namitha, M.A English**

WORD OF THE YEAR 2017 YOUTHQUAKE (NOUN)



A significant cultural, political, or social change arising from the actions or influence of young people.

Examples:

"A youthquake has altered the Westminster landscape"

"Couture is undergoing something of a youthquake"

Origin: 1965: from youth + quake, on the pattern of earthquake. The first recorded use is from the January 1965

edition of the magazine *Vogue*, describing the upsurge of youth culture in London that occurred in the 1960s, especially as reflected in the changing fashion of the period. The word was apparently coined by Diana Vreeland, then editor-in-chief of *Vogue*.

INTERNATIONAL LITERARY AWARDS

The Nobel Prize in literature is a Swedish literature prize that has been awarded annually, since 1901, to an author from any country. The award is based on an author's body of work as a whole. The Swedish academy decides who will receive the prize. It is one of the five Nobel prizes established by the will of Alfred Nobel in 1895



The Pulitzer Prize is an award for achievements in newspaper, magazine and online journalism, literature and musical composition in the United States. It was established in 1917 by provisions in the will of American Joseph Pulitzer. Prizes are awarded yearly in twenty one categories.

The Man Booker Prize for fiction (commonly known as the Booker Prize) is a literary prize awarded each year for the best original novel written in the English language and published in the UK. The winner of the Man Booker Prize is generally internationally renowned and acclaimed.



The Franz Kafka Prize is an international literary award, awarded in the honour of Franz Kafka, the German novelist. First awarded in 2001, the prize is sponsored by the "Franz Kafka" society and the city of Prague, France. The award is given annually at a presentation in Prague, where the recipient receives \$10,000, a diploma, and a bronze statuette.

KONVERSATIONS

INTERVIEW WITH MASOOM PARMAR



Parmar is a dancer, actor, and curator who looks at tradition with a modern mind, to explore the past to create a new, imaginative future.

1) What drew you to performing arts (esp to theatre)?

I grew up in a family of artists. My dad, my grandfather, my great grandfather, their brothers are/were all musicians. My parents are also a part of theatre, so it was only natural that I was a part of theatre. My mother used to take me to her rehearsals when I was 6 months old! I have literally grown up in theatre. As I became older, my love for dance and theatre only grew due to its ability to let you live multiple characters, feel them and portray them. The limelight was an added plus.

2) What is Rorschach's touch all about?

Rorschach Touch is a devised movement based performance designed by Diya Naidu. It is an exploration of perception in the context of gendered bodies, but with the wish to go beyond gendered limitations. It hopes to ask the viewer, "How do you see?" While it invites you to get close and

personal with the performers by really leaning in, it also gives you a sensorial experience brought about by movement and touch.

The work is intimate and asks you to be present, to sink in, to get carried away and also to look into your own self. It is a deeply personal work and treats the body and its states with sensitivity, humour, and intense candour. The hope is that while you watch the performers, you will really be witnessing yourself, getting to know what disturbs or stimulates you, what interests or offends you - even what you desire and shy away from, and how you interpret human interactions.

3) How is Rorschach's Touch bridging the wall between the audience and the performers? Or is it starting a conversation with its audience and how strong is that?

The production is immersive in nature. We have broken the fourth wall and thus the entire performance area is also a viewing area. The audience is encouraged to sit and move around freely as they watch, and if they choose to, they can come in really close to the performers to get a different perspective. While we do not actively engage with the audience, except towards the end where they are made to "feel" touch, we do interact

with them, an interaction that goes beyond words.

4) As someone who is coming from a diverse family of performers, how different has your experience been in the theatre industry as compared to your parents?

Honestly, I don't think it has been any different. Theatre has indeed evolved over the years in terms of presentation and production values, but the core values remain the same. It still is a great learning institution, not just learning how to act, but how to live. And it still does not as pay well!

5) Does getting a live reaction from the audience elevate your performance or is the effect otherwise?

It is a double edged sword. In theatre, there is an instant feedback and this could make or break the performance flow.

6) Getting into the character is often spoken about but we'd like to know the getting out of character. How does that process work for you? Have you felt the difficulty to move on from a character?

We have an exercise in theatre. It goes as "wearing a suit". Where basically you pretend to wear an invisible suit that depicts the character you are portraying and once you are with the rehearsal/show, you remove that suit. It may seem silly, but it does help psychologically. I learnt this technique when I was portraying a negative

character back in school days. I had a hard time separating between the real me and the stage me since we were touring and performing back to back. That's when I learnt this technique. Of late I have also included intense physical work out and/or meditation to get out of the character.

7) Does film still have an upper hand over drama?

In terms of longevity, economic benefits and outreach, YES! Films do have an upper hand. Theatre is a live experience that ceases to exist once you leave the auditorium. It may last a day or two at the maximum, but there is no recall like we have for films through audio CDs or DVDs, TV broadcasts, etc. Also, traditionally, theatre was a form of free public entertainment, and somehow we have not moved from the mentality of not paying or paying as little as possible for theatre. So in those matters, films do have an upper hand. While nowadays you do get taped versions of theatre productions, it does not give you the experience of a live performance and in that lies the USP of theatre, an experience that you live in real time as an audience.

8) What is the golden rule that you follow before a performance and would like newcomers in the field to follow?

Be silent. Leave your baggage outside the auditorium. It's very important to be quiet. Chatter causes confusion and one loses focus.

While in rehearsals, one should remember that the purpose of a rehearsal is to learn everyone else's part, never your own! Your own preparation is your welcoming gift to your colleagues. And for this, you have to be silent and observant.

9) How can one refine oneself as an onstage performer?

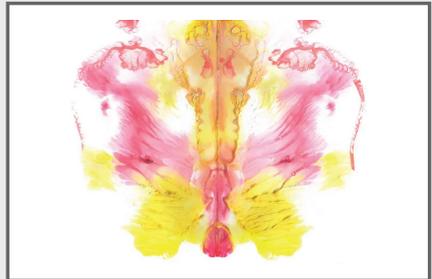
Practice, practice and some more practice. There is no other alternative. Also, give your 200% in rehearsals. As only 50% of your rehearsal efforts get transferred on stage. Be open to criticism. Learn from your mistakes and don't be bogged down by them.

10) Staging an original play or adapting a literary classic. Which is more challenging and why?

Both come with their own challenges. Personally, staging a literary classic would be more challenging since you have clearly defined roles and character attributes, and convincingly matching up to that would be a tough task. There is also the challenge of making the adapted classic relevant to modern times. In an original play, you have the freedom to give your personal touch to the character. In a literary classic, adding your personal touch to the character could be disastrous if not carried out with caution.

~Christina Alex, M.A English

RORSCHACH TEST?



The Rorschach test is an 'ink blot' personality test that involves the evaluation of a subject's response to ambiguous ink blots. Published in 1921 by Hermann Rorschach, a psychiatrist from Switzerland the test was initially meant to produce a profile of people with schizophrenia (or other mental disorders) based upon score frequencies but was later used as projective measure of personality.

“INSTEAD OF THINKING OUTSIDE THE BOX, GET RID OF THE BOX” – DEEPAK CHOPRA

We are going through an era where everyone is living inside an island of his own. We get everything we need on our fingertips and our fingers have turned numb. Our brains are paralyzed with the mounting pressure from the competitive world around us. We sit next to each other but there is only a deep silence between us. All of us are living, but some, as corpses. The advent of modern technology has drowned our creative skills into its deep abyss, drained of all emotional connectivity in relationships. Dr. A. P. J Abdul Kalam believed that the strength of a nation is with its youth. But are the young generation given ample opportunities to hone their skills? They are forced to work within a framed box which the society gifts them right from the time of their birth. Hardly are they given any platform

to explore their innate skills and abilities. “Creativity is intelligence having fun” according to Albert Einstein. Krysalis, the literary magazine which is an initiative of the Department of English (PG), of our college is the suitable platform for the students to exhibit their literary and creative skills. It not only helps them expose their creativity to a wider spectrum of readership, it also enhances their leadership skills as well as instills a sense of team spirit among them. Today when almost everything is mechanized, this venture can help you foray into a world built with words, which is marked by dynamism, which can spur you into action. Krysalis will be a fruitful transition from dormancy to the stimulation of the creative minds of the department.

~**Gouri Priya, M.A English**

TO BE STILL

My heart falters
My mind seems phased out
Just breathe my friend once said,
So I inhale and exhale
The world says
“You have to be THE success!”
But what If I don't WANT to be..?
What if they got it wrong?
Success as the world defines it
May not be my definition of success.

Will I be happy?
Truly deeply happy,
If I listen to the way of the world?
Or...should I listen to my mind
A thousand colours burst in on me.
My heart marches to the drum of a
different beat
I just want to be still.
Still.

~**Loveena M, M.A English**

KRYPTIC-CODE: PUZZLE

- 1) Short summary of a humorous event to make a point.
- 2) Figure of speech that is an exaggeration.
- 3) Story longer than a short story but not as long or complex as novel.
- 4) Often repeated idea in a story.
- 5) Combination of contradictory terms.
- 6) Using false praise to mock someone or something
- 7) Monologue revealing the thoughts of a character, usually alone on a stage.
- 8) Main idea, the point, a statement, (usually about life on the human condition).
- 9) Story in which the hero is destroyed.
- 10) A kind of metaphor that compares two very unlike things in a surprising and clever way.
- 11) A word which imitates the natural sounds of a things.
- 12) Short, fictional story usually involving animals that teach a lesson.

P	O	Y	U	Q	O	L	I	L	O	S
A	N	T	H	P	I	M	O	T	I	F
R	O	X	Y	S	A	R	C	A	S	M
A	M	A	P	C	O	R	S	A	K	Y
L	A	N	E	C	D	O	T	E	F	D
L	T	I	R	I	T	J	L	M	A	E
E	O	A	B	A	E	H	R	A	B	G
L	P	M	O	N	O	V	E	L	L	A
I	O	B	L	F	L	E	F	M	E	R
S	E	I	E	L	S	I	G	O	E	T
M	I	C	R	G	J	L	O	N	G	J
I	A	O	X	Y	M	O	R	O	N	S
S	C	O	N	C	E	I	T	R	O	N

**One has been done for reference*

Puzzle by: Nimisha Tom, Christy Mary, Elizabeth Jansy, Albin Johny

KRYVALIS-CROSS: TO 'AN ARTICULATE' YOU

Word	Meaning
Impeccable	to be perfect and exemplary at something.
Invigorate	To energise or give strength to
Carpe-diem	To make the most of the present and to live for the moment.
Subversive	Seeking to undermine or disturb the established system
modus vivendi	Manner of Living
Plethora	A very large amount of something, especially a larger amount than you need, want, or can deal with.
Chagrin	Strong of feeling disappointment or distress at failure or humiliation.
Sardonic	Mocking someone or something grimly.

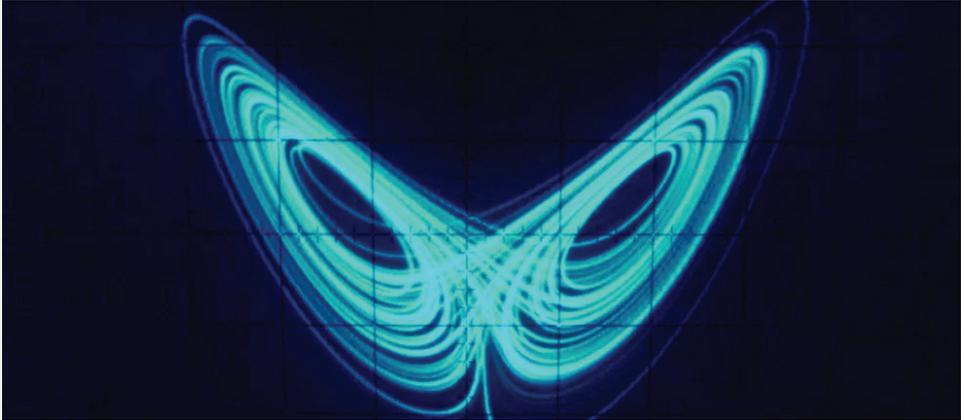
KRYVALIS-ISMS: KNOW YOUR ISMS



Expressionism	The style of art in which the artist or writer expresses his/her inner emotions through their work instead of reflecting the external reality.	Eg: The playwright took an expressionistic approach to his characters.
Surrealism	This 20th century movement in art and literature marked the time when the artist or writer sought to bring out the creativity of the unconscious mind.	Eg: Surrealism is an escape from Dualism.
Impressionism	The 19th century movement in France that believed in capturing the impressions of the moment with regards to light and colour.	Eg: Laurel's art has an impressionistic touch to it.

EVER WONDERED?

BUTTERFLY EFFECT



The butterfly effect is a phenomenon of the chaos theory used to refer to how a minor change in circumstances can cause a large change in the outcome. Though the term 'butterfly effect', was first coined by the meteorologist Edward Lorenz referring to the "deep sensitivity of the earth's atmosphere towards perturbations or minor variations", today it is used as an analogy to suggest similar results of prodigious nature caused by seemingly insignificant elements. Lorenz stated and later proved that something as small as a single flap of a butterfly can cause a big change in the weather of a place somewhere else. Today in popular culture it is generally used to emphasize the inherent unpredictable results of small changes in the initial conditions of certain physical systems. Lorenz never dreamt that the term he had

coined would become such a popular term in the fields of literature and psychology. In psychology, it is usually referred to as something that creates a big impact, for example small thoughts can also lead to big changes. The Butterfly effect as a phenomenon has been explored in a variety of movies and literary works. Notably science fiction, fantasy and movies with parallel worlds which deal with time travel like Narnia, X-Men, Back to the future, Doctor strange, Matrix and Inception. The movie 'The Butterfly Effect (2004) emphasises that a minor change in the past can erase all the horrific things that have had happened. 'Butterfly Effect: How your Life Matters' By Andy Andrews explains and deeply delves into the idea and probes how your actions have an impact on others or how your actions moulds your future.

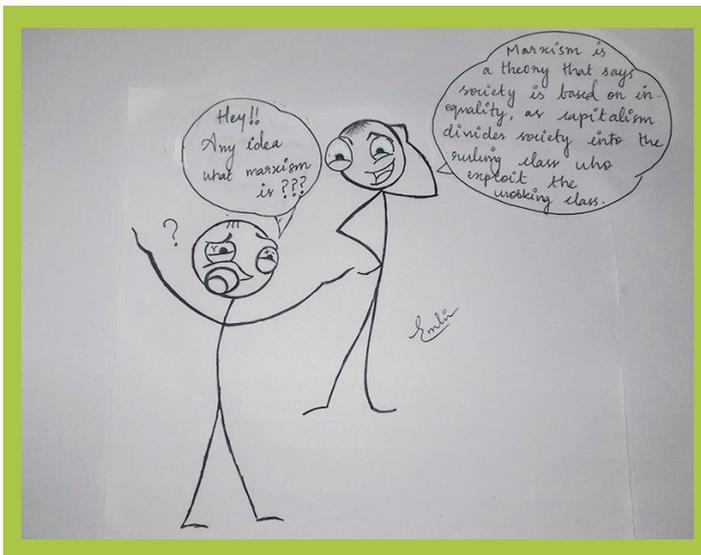
MARXIST LITERARY CRITICISM

Karl Marx (1818-1883), a German philosopher, and Friedrich Engels (1820-1895), a German Sociologist were the joint founders of this school of thought. Marx was the son of a lawyer but spent most of his life in great poverty as a political exile from Germany living in Britain. Engels had left Germany in 1842 to work in Manchester for his father's textile firm. Marx and Engels announced the advent of communism in their jointly written communist Manifesto of 1848. The aim of Marxism is to bring about a classless society, based on the common ownership of the means of production, distribution and

exchange. Marxism is a materialist philosophy: that is, it tries to explain things without assuming the existence of a world, or of forces, beyond the natural world around us, and the society we live in. It looks for concrete, scientific, logical explanations of the world of observable fact. Marxism sees progress as coming about through the struggle for power between different social classes.

Marxist Literary criticism examines literature as a reflection of the social institutions from which it arises viewing literary works as reflections of the social institutions out of which they are born.

~Devi Namitha, M.A English



Comic by Emlin Varkey

KRYSTA-LITE: SMILE

A smile is a simple way to enhance your life. It helps you build an optimistic outlook and spreads positive

energy. It makes us feel better instantly and can relieve us of our stress.

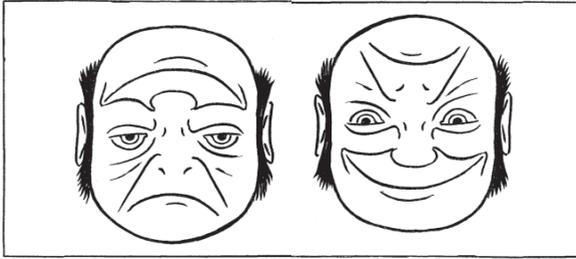
A smile is like a boomerang that has its aftereffects blessing the receiver and coming back to the giver. A smile can add colour to everyone's lives with the power to transform the world. It is a key that unlocks every heart as it is a reflection of inner happiness. A smile can encourage people and it has the ability to rekindle hope in people who have decided

to give up. The ability to smile sets apart human beings from animals; and going further a smile makes us a

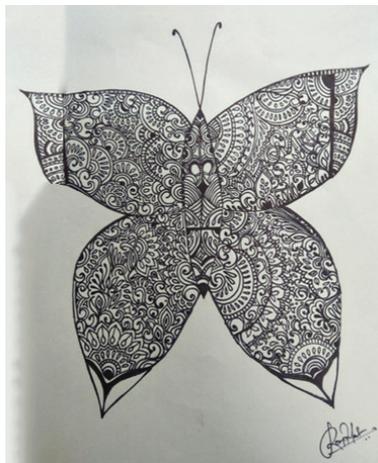
better human. Smile a lot, smile at every person you meet; it gives your face an immediate facelift

It costs you nothing but makes you gain a profit. Smiling when we don't feel like it can also make us feel better - working from the outside to the inside. With a great smile, the right attitude and the correct perspective you can change the world. Start today. 😊😊

~Sister Honey, M.A English



It's all about your perspective



Doodle Art by Rosy Anna

INTERVIEW ON LIFE SKILLS



Dr. Jonas Richard

1) What are life skills?

-Life skills according to WHO are the abilities to adapt and positive behaviour that enables an individual to deal effectively with the demands and changes of everyday life. Therefore any skill that helps an individual to live a happy and positive life is a life skill.

2) Why are life skills essential?

- Life skills are important to live a functional life in today's world, as we have skills for everything like vocational skills, driving skills, technical skills, etc. yet nobody talks about the skills one needs for living. It is only as adults that people realise that they are not better equipped to handle their challenges. Which is why we believe that someone trained with the 10 core life skills from the beginning would be more capable of handling life in all its shades.

3) What are the 10 core life skills one must possess?

- These are the life skills that have been defined and promoted by WHO

as the 10 core life skills one must possess.

- Self-awareness
- Empathy
- Creative thinking
- Critical thinking
- Problem-Solving
- Decision Making
- Communication
- Inter Personal Relationship
- Coping with Emotions
- Stress Management

4) What are the functions of Centre for Life Skills and how did it come to be?

- The Centre for Life Skills was the brain child of Fr. Sebastian T. A., Fr. Principal Josekutty P.D. and Fr. Jose P.J. which was established on May 2012, to prepare the students to be better individuals in life. The centre has signed an MOU with Rajiv Gandhi National institute of youth development which is the prime organisation promoted by the government of India making us the Centre for Life Skills in Karnataka.

5) How much weightage does Life Skills hold in the process of employment?

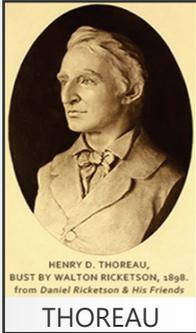
- There are three stages in one's career where life skills can help,

- a) The early stage: communication skills and self-awareness.
- b) The second stage: interpersonal skills, critical thinking, etc.
- c) The final stage: decision making, stress management, etc.

~Joanna Emima, M.A English

KNOWN / YET UNKNOWN

MEET THE AUTHOR: THOREAU



Henry David Thoreau was born on 12 July 1817, at Concord, Massachusetts. He was an American essayist, poet, philosopher, critic and a historian. He was one of the true environmentalists who observed nature so deeply. He was concerned, not only of the nature, but also human beings and their plights. For instance, as an abolitionist, he criticized the slave laws, through his speeches. Most importantly, his philosophy of 'civil disobedience' influenced personalities like

Mahatma Gandhi, Leo Tolstoy, and Martin Luther King Jr. and so on. His most famous works are "Walden" (1854) and "Civil Disobedience" (1849). Other works are "Walking" (1861), "The Maine Woods" (1864), "Life Without Principle" (1862), "Cape Cod" (1865) etc. Thoreau was an original thinker and a man of simple tastes. Though he passed away on 6 May 1862, he is still living in the hearts of men, through immortal thoughts like, "It's not what you look at that matters, it's what you see."

~Greshma Clement, M.A English

THOREAU'S TRANSCENDENTALISM

Transcendentalism was a 19th century movement which held that every individual can reach ultimate truth through nature, spiritual intuition, emotion and imagination. Its emphasis was on living a simple life and encouraged optimism, self-reliance and individualism. Transcendentalism had begun as a protest against the state of culture and society.

Transcendentalism is rooted in the transcendental philosophy of Immanuel Kant. The publication of Emerson's 'Nature' in the year 1836 is taken to be the watershed moment at which transcendentalism became a major cultural movement. The prominent practitioners of this movement include Ralph Waldo Emerson, Henry David Thoreau, William Henry Channing, James Freeman Clarke, Christopher Pearse Cranch, Margaret Fuller and Sylvester Judd. The practitioners of the movement emphasized subjective intuition over objective empiricism.

~Nisha Joseph, M.A English

5

Ancient Libraries



of the world



The Library of Pergamum.
Pergamon



The Royal Library of Ashurbanipal.
Ninevah (modern day Italy).



The villa of the Papyri.
Ercolano, Southern Italy.



Library of Nalanda University.
Bihar, India.



The Library of Alexandria.
Alexandria, Egypt.

KRYSTALS: HIGH-ACHIEVERS



Meenu Rajan receiving the certificate for the first rank (M.A in English) at Samavarthana '18 from the Principal, Fr. Josekutty P.D.



Syantika Debnath receiving the second rank (M.A in English) at Samavarthana '18 from Fr. Lijo P. Thomas

Student	Position	Institution
AJAY VISSNU M. NAIR	Teaching Research Associate(PhD)	Karunya University
ANEETA A ABRAHAM	Trainer	TCS
ANU KURIAN	Trainer	TCS
CESVIN T SEBASTIAN	Teacher	Grand Columbus International School
DELEESHIEA C A	Teacher	Euro School
DHANYA MONSON	Teacher	Euro School
EHBOKLANG PYNGROPE	Research Scholar(PhD)	Reva University
ELGIN MARIA NOBLE	Vicar M.A. Psychology	St. Mary's Church Denahalaya Institute of Psychology
GRACE JACOB	Teacher	Dhempo Higher Secondary School
JOMIN JOHN	Probationary Clerk	South Indian Bank
KAVYA K M	B.Ed.	IGNOU
KEVIN JOSEPH	M. Phil	Christ (Deemed to be University)
LOUIS A	Ministerial Candidate	Church of South India
MEENU RAJAN	E.M.S. Associate	EY Global Delivery Services India LLP
RIXON ANTONY	Trainer	Food Craft Institute
SAYANTIKA DEBNATH	Lecturer	KBC PU College
SINDOORA	Quality Auditor	Myntra
SREYA C BABU	B.Ed.	Baselios College of Education
TONGKHOHAO ZOU T	Teacher	Bethsaida Academy



ALL THE BEST

Outgoing Batch 2016-2018

M.A. English Literature [Batch 2016-18]

You have left a vacuum in our hearts, we still unconsciously look for you in the hallways, hankering for your cheerful smiles and friendly guidance, your words of wisdom and acts of kindness continue to inspire us. We miss you and wish you all the best for a great future of committed and conscious living as you carry the Jayantian Legacy forward.

ANSWERS FOR THE PUZZLE

1. Anecdote

4. Motif

7. Soliloquy

10. Parallelism

2. Hyperbole

5. Oxymoron

8. Theme

11. Onomatopoeia

3. Novella

6. Sarcasm

9. Tragedy

12. Fable



Scribus

Scribus: This desktop publishing application is a free software which includes several free programs. So it can be called a DTP package. It can be used for creating animated and interactive pdf presentations and forms. The application can handle designing and typesetting which makes it user friendly.



GIMP

GIMP: GNU Image Manipulation Program is one of the most used free and open source image editing software. This was primarily released in the year 1996. The application handles image retouching, editing, free-form drawing etc. It also enables the user to convert the image format depending on his/her need.

~Jerin T, M.A English



Sunsets are a masterpiece God presents you with every day.

Picture by Joanna shot on One+



God will calm you with his love - Zephaniah 3:17

Picture by Rituza Roy on Samsung J2 Pro

OUR DEPARTMENT

**[Batch 2017-19]**

The Department English (PG) offers its Masters programme with the primary objective of acquainting students with a wide gamut of emerging areas of literary study and inculcating them with a propensity toward critical exploration. An emphasis on the cultural, intellectual and political progress of humanity inspired a curriculum that serves the needs of its students offering them relevant course choices and electives within a structured and well thought out framework. Upon completion of the programme, students are enabled to engage in comparative analysis of texts, understand and apply various theoretical approaches and also appreciate a variety of perspectives in the teaching or the composition of literary works. Students are also trained to develop specialised reading skills and attain an ability to place literary texts in their wider intellectual and historical contexts, fostering critical processes of systematic analysis.

Experienced faculty members mentor students and uphold the ethos of the college striving toward excellence and innovation, while remaining open to the winds of change orienting students to be able to meet the challenges of our rapidly evolving world. Students are provided intensive mentoring both inside and beyond the classroom in a wide variety of forms. Guest lectures, Workshops, Film screenings, Conferences and Research colloquia are regular features in the Department and are in fact part of the academic calendar.

Students of the Department are equipped to discover their innate potential, realize their prospective contributions to the world and are taught to be good stewards of their unique talents. "Krysalis 2018" is one such initiative taken by the department to provide its students with the much required creative platform to refine their talent toward finer intellectual and creative expression.



Kristu Jayanti College

AUTONOMOUS Bengaluru

Reaccredited 'A' Grade by NAAC | Affiliated to Bangalore University

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