



National Seminar on Exploring Pathways to a Drug-Free Future



Akuminla Imchen

The Department of Social Work at Kristu Jayanti (Deemed to be University) hosted a national seminar titled "Building a Drug-Free Future: Innovative Prevention Strategies & Practices", on August 30, 2025, the event brought together experts and students to tackle the complex issue of substance abuse from a social worker's perspective.

The seminar commenced with an inaugural address by Dr. Parashurama K G, Senior Professor & Chairperson, who emphasized the critical need for a multi-faceted approach to combating drug abuse. His insights highlighted the importance of community involvement and policy advocacy, resonating with the role of future social workers.

The first technical session featured Dr. Darshan Y J, a Consultant Psychiatrist, who discussed "Psychiatric Strategies for Addiction, Prevention & Recovery." He explained the neurological and psychological underpinnings of addiction, stressing the need for social workers to collaborate with mental health

professionals to provide holistic care. Further, social work consultant Dr. Shreedevi A U led a session on "Family Dynamics & Substance Abuse Prevention." She underscored the family's vital role in both the development and prevention of substance abuse.

The final session, led by Counselling Psychologist Ms. Tamanna Chaudhary, offered a practical look at "Psychosocial Support in Preventing Substance Abuse." She shared tangible strategies for providing emotional and social support to at-risk individuals, highlighting that empathy, active listening, and building trust are paramount in guiding individuals toward a healthier life.

The seminar was an enriching experience, equipping attendees with the knowledge and tools to effectively contribute to a drug-free future. The expertise shared will be instrumental in the professional journeys of future social workers as they work to create healthier and more resilient communities.

From Classroom to Continent: Kristu Jayanti Alumnus Inspires Global Dreams in Social Work



Mathews K. Saji

The Department of Social Work at Kristu Jayanti (Deemed to be University), Bengaluru, recently hosted an engaging session under its Alumni Interaction Series. Held on 21st August 2025, the event welcomed Mr. Jomet Mani, Director of YESTE Migration Consulting, Australia, as the distinguished resource person. Students and faculty gathered in Room B 404, Admin Block, to learn about international career pathways in social work. He reflected upon his own life stories as an example.

He emphasized that with determination and the right skills, students can explore opportunities globally. A central part of the session focused on the Australian migration process. Mr. Jomet explained different visa categories suitable for social workers, outlined eligibility criteria, and discussed documentation essentials. Students left with renewed motivation to pursue international opportunities. The programme was well received by all participants. It combined technical knowledge with inspiration, encouraging social work students to think beyond borders.

Learn from Leaders Series: “The Brand-You!”



Shanila Takhelmayum

The Department of Social Work organised a special session on “The Brand-You!” on 22nd August 2025 for the II MSW students. The session was led by Prof. Suku Thomas Samuel, Head, Department of Management, Kristu Jayanti University, sharing inspiring insights on how students can shape their personal and professional identity.

Prof. Samuel spoke about the importance of personal branding in today's world and how it goes beyond just academic performance. He encouraged students to discover their strengths, values, and unique qualities that make them stand out.

Using simple and engaging discussions, he explained how self-confidence, communication, and consistency can help in building a strong image that will support future career opportunities.

To make the session more relatable, he shared a small chapter from his own life, explaining how he came up facing real-life struggles as a student and gradually built his identity through discipline and goal setting. He also gave real-life examples of professionals who stayed in the limelight because of their strong personal brand and the way they carried themselves.

These stories encouraged students to believe that growth is possible through resilience and clear vision.

Decoding the HR Landscape: Real-World Insight for MSW Students



Dhaniya Shirin

The Department of Social Work, organized an expert lecture on “Decoding the HR Landscape: Real-World Insights” on 23rd August 2025 at the B404, Admin Block. The session, designed for II MSW students, aimed to bridge classroom learning with industry practices and provide practical exposure to the evolving Human Resources (HR) domain.

The lecture was delivered by Shri Santhosh Rao, Associate Vice President (HR), Toyota Industries Engine India Pvt.

Ltd., Bangalore. Drawing from his vast professional experience, he shared valuable insights on the dynamic role of HR in organizational growth. He addressed key themes such as talent management, employee engagement, industrial relations, and workplace dynamics, stressing the importance of ethics, empathy, and adaptability.

His interactive style, enriched with real-life examples, made the session engaging and relatable.

Students actively participated by raising questions and reflecting on their career aspirations. The discussions provided a realistic perspective on the demands of HR and encouraged them to connect academic knowledge with practical applications.

The program concluded with an interactive Q&A session. The Department of Social Work provided this valuable opportunity, enabling students to learn directly from an industry expert. The enriching experience not only broadened their understanding of HR practices but also motivated them to prepare as competent and ethical professionals in both social work and organizational domains.

Leading from Within: CSSAT Session Igniting Leaders at KJU



Monica Ann George

The Centre for Soft Skills & Aptitude Training (CSSAT), Kristu Jayanti (Deemed to be) University, Bengaluru, organized a dynamic soft skills training

session on “Power of One: Leadership is Innate” for the first-year MSW students on 23rd August 2025 at 10:00 a.m. The resource person for the session was Dr. Nidhi Raj Gupta, Faculty, Department of Professional Accounting & Finance. The session aimed to instill in budding social workers the belief that leadership is not an external attribute but an innate quality that can be nurtured through self-awareness and consistent practice.

Dr. Gupta emphasized that effective leadership begins with recognizing one’s own potential and making conscious efforts to influence and inspire others positively. She highlighted the importance of confidence, communication, and responsibility in shaping leaders who can bring about meaningful change in society. The programme concluded with the message that every individual holds the “Power of One”—the ability to initiate change, inspire action, and lead with purpose.

Shaping Smarter Choices: Life Skills for Social Work Professionals



Komal Yadav

The Department of Social Work, Kristu Jayanti (Deemed to be University), in association with the Centre for Life Skills Education, organised a Life Skills Session on Decision Making Skills for Everyday Life for II MSW students. The session was led by Ms. Christa Grace, Teaching Assistant,

Department of Forensic Science, Kristu Jayanti (Deemed to be University), Bengaluru.

The resource person emphasized the importance of effective decision-making as a core life skill, vital for personal and professional growth. Through interactive discussions and practical insights, she highlighted how everyday decisions shape individual success, mental well-being, and social responsibility.

The programme concluded with an engaging discussion, where students reflected on their learning experiences and shared how they could apply decision-making frameworks in the field of social work.

Safeguarding Childhood: Expert Session Empowers Social Work Students on POCSO Act and Child Protection

Feba Susan George

The Department of Social Work, School of Humanities and Social Sciences, Kristu Jayanti (Deemed to be) University, Bengaluru, organized an expert lecture on POCSO Act, 2012 (Prevention & Reporting) for the II MSW students on 2nd August 2025. The session was designed to equip budding social workers with legal knowledge and practical insights on child protection laws in India. The resource person for the session was Ms. Christy J, Advocate (B.A., L.L.B., CAHT), who has extensive experience in handling child rights and protection-related cases.

The expert lecture was an enriching experience, offering both theoretical and practical perspectives on the POCSO Act, 2012. By stressing the importance of prevention, timely reporting, and survivor-centered interventions, the session reaffirmed the crucial role of social workers in upholding child rights and safety.



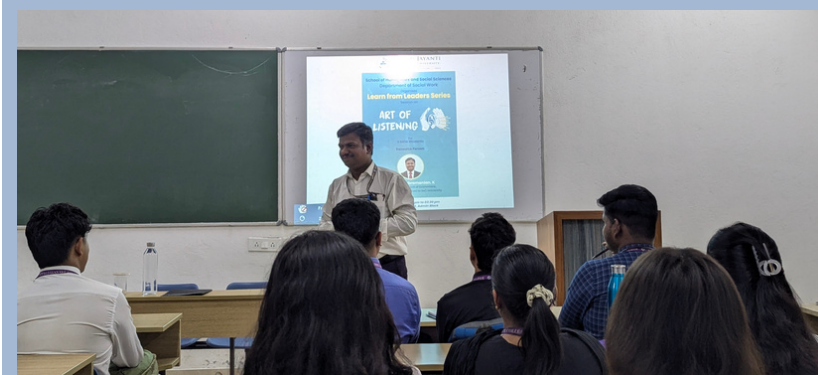
Innovative Skill Lab Workshop: Empowers Future Social Workers



Abhiram G Nair

The Department of Social Work, Kristu Jayanti (Deemed to be) University, Bengaluru, organized an enriching workshop on “Innovative Social Work Skill Lab” for the first-year MSW students on 13th August 2025 at the M2 Auditorium, Science Block. The full-day session, was designed to equip budding social workers with essential practical skills and innovative approaches to the profession. Through interactive activities, discussions, and case-based learning, the workshop emphasized the importance of creativity, adaptability, and innovation in addressing complex social issues.

Learn from Leaders Series: Mastering the Art of Listening



Ashish Ashok Jadhav

The Department of Social Work, Kristu Jayanti (Deemed to be) University, organized a Learn from Leaders Series session on “Art of Listening” for II MSW students on 8th August 2025. Dr. Sivasubramanian K, Head, Department of Economics, facilitated the session, highlighting listening as a vital skill for effective professional practice. Students reflected on how active listening can strengthen professional relationships, foster empathy, and enhance problem-solving abilities in the field of social work.

Fortis Amiticia: Celebrating Friendship and Unity



Dimple Maria

The Department of Social Work, in Kristu Jayanti Deemed to be University, organized a special program - Fortis Amiticia, to

welcome the first-year MSW of the Anti-Ragging Week and Friendship Day celebrations. This being their first event, the program aimed to create a warm and safe environment while fostering bonds of friendship among the students. The stars of the program Mr. Roshan K Thomas and Ms. Amrik Chesa Marak were awarded, for their enthusiastic and active involvement. The first year MSW students we given gifts by the second year students as a token of love. The event concluded with a formal vote of thanks, leaving the students with cherished memories and a spirit of togetherness.

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