



# Kristu Jayanti College

**AUTONOMOUS** Bengaluru

Reaccredited 'A' Grade by NAAC | Affiliated to Bangalore University

Department of Social Work

EDUCATORS WORKSHOP

on

## **SOCIAL MEDIA ADDICTION: PSYCHOSOCIAL CHALLENGES OF MILLENNIAL TEENAGERS**

September 23, 2017



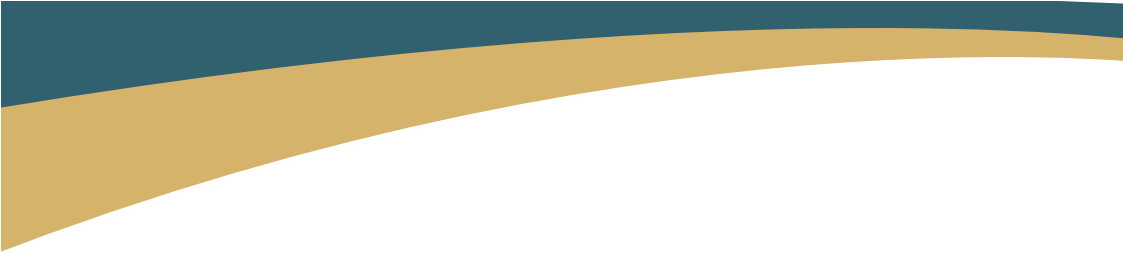
## **ABOUT THE INSTITUTION**

Kristu Jayanti College, founded in 1999, is managed by "BODHI NIKETAN TRUST", formed by the members of St. Joseph Province of the Carmelites of Mary Immaculate (CMI). The college is affiliated to Bangalore University and is reaccredited with highest grade 'A' by NAAC in Second Cycle of Accreditation. The college is recognized by UGC under the category 2(f) & 12(B). The college was accorded autonomous status from 2013 by the University Grants Commission, Government of Karnataka & the Bangalore University. In India Today - Nielsen survey 2017 the college is ranked 2nd Best BCA College, 9th Best Commerce College, 17th Best Science College & 14th Best Arts College in India and 2nd,3rd,4th positions in Arts, Commerce & Science among Top 10 Colleges in Bangalore.

The institution strives to fulfill its mission to provide educational opportunities to all aspiring youth to excel in life by developing academic excellence, fostering values, creating civic responsibility and building global competencies in a dynamic environment.

## **ABOUT THE DEPARTMENT OF SOCIAL WORK**

Grounded on an obligation to skill oriented approach to Social Work, the Department of Social Work equips students for exceptional Social Work practice since its inception in 2003. Rooted in social justice and human rights, the Department constantly strives to prepare professionals who could make a marked difference in the society without compromising on ethics and values of the profession. The budding Social Work students are provided with umpteen numbers of opportunities to build their knowledge and skills on the foundational values of social fairness and a compassionate society. Our emphasis is on analytical enquiry and intellectual curiosity through experiential learning by the amalgamation of theory, practice and research. Subject experts on current areas of Social Work have been on and off invited for lectures for the benefit of students to get a better understanding of social realities. The curriculum of the course is designed in such a way that it keeps pace with the changing times across the globe and testimony to this fact is all our alumni are personally, professionally and socially successful in their professional endeavors. Through rigorous field practicum, our students are aggressively



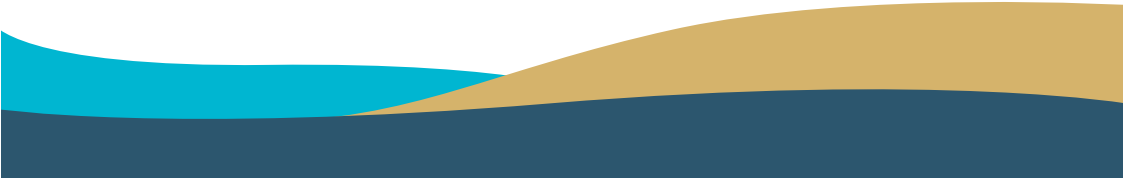
engaged in academic, practical and specialized skill development in preparation for their yet to come roles as capable and responsible social workers and campaigners of progressive social change. We endeavor to construct partnerships with the civil society organizations and Social Work community across India so that our students could move in bravely the multifaceted realm of Social Work. Our interdisciplinary collaboration has enabled our students to get employed in government sectors, civil society organizations and private sectors. We offer Master's Degree in Social Work (MSW) with three specializations namely Social Development, Medical & Psychiatry and Human Resource Management as well as PhD Social Work. The Department of Social Work, Kristu Jayanti College seeks to echo a varied pupil population and welcomes students from all social, ethnic, racial, and spiritual backgrounds and aptitudes.

### **THEME OF THE WORKSHOP**

In recent years the mental health community has become progressively concerned about the impact that modern technology has on our lives – both positive and negative. It is reasonable to say that many young people spend far too much time on social media and may at the very least describe them as being “obsessed”, if not addicted. They spend a large chunk of their time updating their status, reading updates, uploading photos, downloading images, commenting on walls, searching new friends and surfing for thrilling games that could cost their lives in a way they get hooked to such online gaming. As a result many were treated at mental health clinic for social anxiety, anxiety disorder, depression, negative emotions, suicidal tendencies, insomnia and for poor social skills. In this sense, the Department of Social Work will be conducting a workshop for the Educators in Bangalore to sensitize the school educators and administrators on the internet addiction, signs, risk factors, treatment and prevention of social media addiction.

### **PARTICIPANTS**

School Principals, Academic Coordinators, Educational Administrators, School Counsellors, School Social Workers, Mental Health Professionals, NGOs and Research Scholars.



## **REGISTRATION**

Interested ones are requested to fill in the registration form and send it by e-mail to [socialwork@kristujayanti.com](mailto:socialwork@kristujayanti.com) or by post to The Head, Department of Social Work, Kristu Jayanti College, Bengaluru 560077.

For queries regarding registration, please contact  
**Dr. Winnie Joyce A.**, Faculty of Social Work & Workshop Coordinator  
at 9945167527.

## **ORGANIZING COMMITTEE**

### **Chief Patron**

**Fr. Josekutty P.D.**, CMI, Principal

### **Workshop Advisors**

**Fr. Augustine George**, CMI, Vice-Principal & Director, International Affairs

**Fr. Lijo Thomas**, CMI, Financial Administrator & Head, Dept. of Computer Science

**Fr. Som Zacharia**, CMI, Director, Library & Development

**Fr. Emmanuel P.J.**, CMI, Faculty, Dept. of Psychology

**Dr. Gopakumar A.V.**, Dean, Faculty of Humanities

### **Workshop Convener**

**Dr. Jonas Richard A.**, Head, Dept. of Social Work

### **Workshop Coordinator**

**Dr. Winnie Joyce A.**, Faculty, Dept. of Social Work

### **Faculty Advisors**

**Dr. I. Jerry Richards**, Faculty, Dept. of Social Work

**Dr. Emmanuel Daniel**, Faculty, Dept. of Social Work

## **ALL CORRESPONDENCE SHOULD BE ADDRESSED TO:**

**Dr. Jonas Richard A.**, Head, Dept. of Social Work & Workshop Convener

### **Kristu Jayanti College (Autonomous)**

K. Narayanapura, Kothanur P.O., Bengaluru 560077, Karnataka

E-mail: [jonasrichard@kristujayanti.com](mailto:jonasrichard@kristujayanti.com),

Mobile: 9448532577/ Office: 080-28465611/28465355