



# Kristu Jayanti College

**AUTONOMOUS** Bengaluru

Reaccredited 'A' Grade by NAAC | Affiliated to Bengaluru North University

## DEPARTMENT OF PSYCHOLOGY

### JNΨGHT



National Conference  
on

**UPSKILLING AND RESKILLING  
IN APPLIED PSYCHOLOGY**

\* Registration fee is inclusive of GST, Scholars and Students must present their College/University ID cards. Abstracts of presented papers will be published in Conference proceedings of Insight 2021.

**For queries contact Conference Co-conveners:**

**Asst. Prof. Vimala Arun (Mob: 8904575696)**

**Dr. Deepthi Vijayan (Mob: 7667758885)**

**Dr. Rajalakshmi V R (Mob: 7411296356)**

#### ORGANIZING COMMITTEE

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**Dr. Fr. Augustine George CMI**  
Principal, Kristu Jayanti College  
(Autonomous)

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Dean, Department of Humanities

**Chief Convenor**

**Dr. Molly Joy**  
Head, Dept. of Psychology

**Conference Advisors:**

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Chairman, Dept. of Psychology,  
Bangalore University

**Dr. S. Kadhiraavan**  
Professor, Head Dept. of Psychology,  
Periyar University, Salem.

**Convenor**

**Asst. Prof. Vimala Arun**  
Faculty Member, Dept. of Psychology

**Co-Convenors**

**Dr. Deepthi Vijayan**  
Faculty Member, Dept. of Psychology

**Dr. Rajalakshmi V R**  
Faculty Member, Dept. of Psychology

ADDRESS FOR COMMUNICATION  
Department of Psychology

**Kristu Jayanti College (Autonomous)**

K Narayanapura, Kothanur Post, Bengaluru - 560 077 Karnataka, India  
Ph: 080-68737777/28465611/28465353/28465770. Fax: 91-80-28445161  
Visit us @ [www.kristujayanti.edu.in](http://www.kristujayanti.edu.in)

Date: Feb 25 & 26, 2021

## ABOUT COLLEGE

Kristu Jayanti College, founded in 1999, is managed by "BODHI NIKETAN TRUST", formed by the members of St. Joseph Province of the Carmelites of Mary Immaculate (CMI). The College is affiliated to Bengaluru North University and is reaccredited with grade 'A' in 2015 by NAAC in the Second Cycle of Accreditation. The College is recognized by UGC under the category 2(f) & 12(B). The College was accorded Autonomous Status from 2013 by the University Grants Commission, Government of Karnataka & the Bangalore University. For its contribution in the field of Education, Kristu Jayanti College was recently given the Heroes of Bengaluru award. In the India Today - MDRA survey 2020, Kristu Jayanti College, Bengaluru is awarded as the Best Emerging College of the Century at National Level and the college is ranked 4<sup>th</sup> Best BCA, 11<sup>th</sup> Best MSW, 18<sup>th</sup> Best Arts, 19<sup>th</sup> Best Commerce, 19<sup>th</sup> Best BBA and 25<sup>th</sup> Best Science College in India. The College also ranked 2<sup>nd</sup> Best in BCA & MSW, 3<sup>rd</sup> best in Commerce & Arts, 4<sup>th</sup> Best in Science and 5<sup>th</sup> best in BBA among the colleges in Bengaluru.

The institution strives to fulfill its mission to provide educational opportunities to all aspiring youth to excel in life by developing academic excellence, fostering values, creating civic responsibility and building global competencies in a dynamic environment.

## ABOUT THE DEPARTMENT

The Department of Psychology of Kristu Jayanti College offers two post graduate courses MSc Psychology and MSc Counselling Psychology and undergraduate courses BA JPEng /JPcs/PaPEng Psychology. To encourage and inculcate research culture among students a Research Center has been established under Bangalore University in June 2018. The Department strives to develop a holistic outlook towards life and prepare the students for their careers by imparting in-depth knowledge, critical thinking, research inquiry, and skills in Psychological Applications. It aims to instill the psychological dynamics in a student's life to mould them as a better individual and render societal wellbeing.

## ABOUT THE CONFERENCE

This Conference aims to address the most relevant topic "Upskilling and Reskilling in Applied Psychology". It aims to enhance the competency of researchers, practitioners, academicians, activists, clinicians, counsellors, students in both professional and personal level. As demand for new capabilities, knowledge and skills gathers pace, reskilling and upskilling can enable every individual to develop the skills needed to remain efficient. With this perspective we feel privileged to organize a National Conference on "Upskilling and Reskilling in Applied Psychology". Indeed we are very happy to invite you to be a part of this event which is scheduled on February 25<sup>th</sup> and 26<sup>th</sup> 2021.

In this conference we will seek to explore the subject of Upskilling and Reskilling from the full range of disciplinary, professional, vocational, practitioner and social perspectives with a view to forming a publication to engender further collaboration and discussion.

## SUB THEMES:

### Reskilling and Upskilling in:

- Therapy and Counselling.
- Educational /Clinical/Organizational /Sports
- Career Counselling, Assessment and Rehabilitation
- Artificial Intelligence
- Online Teaching and Pedagogy

## CALL FOR PAPERS

We invite original and unpublished papers for presentation on the above mentioned theme from Academicians, Research Scholars, Students and Working Professionals.

## SUBMISSION GUIDELINES

Completed manuscripts are required to be submitted as per APA 7th Edition format. The submission should spell out the theme of research, theoretical framework, method used, and contribution to the field.

- Full name of the author(s) e-mail id, designation, department and organisation/affiliation.
- Abstracts must not exceed 250 words.
- For a full paper the minimum word limit should be 2,500 and the maximum word limit should be 4,000 words.
- Soft copy of the abstract and full paper may be sent as an email attachment to: insight2021@kristujayanti.com

Participation/Presentation of paper should be confirmed on or before January 30th 2021, by sending the completed Registration Form, along with Registration Fee. Certificates will be sent to the registered email id.

**Last date to send abstract: 30th January 2021**

**Last date to send Full paper: 15th February 2021**

For Registration visit: <https://portal.kristujayanti.edu.in/events>

- Kindly send in the transaction details immediately to the conference mail id (insight2021@kristujayanti.com )

## REGISTRATION FEE

Participation only:

- Faculty member - Rs. 500/-\* (Online)
- Research scholars and PG Student - Rs. 300/-\*(Online)