

REGISTRATION:

Participation & Presentation: Rs.1000/-



<http://surl.li/krzgb>

PLEASE USE THE CODE SCANNER FOR REGISTRATION

Registration fee includes a Conference Kit, Lunch, and Refreshments for both the days of Conference.

Note: NO TA/DA will be provided for any participant.

For queries contact the Conference Convenor: Dr. Winnie Joyce A (+91 9945167527)

Paid Accommodation can be arranged based on the prior request from the participant

ORGANIZING COMMITTEE

CHIEF PATRON

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Dr. Gopakumar A V

Dean, Faculty of Humanities

Dr. Jonas Richard A

Professor and Head, Department of Social Work

CONFERENCE CONVENOR

Dr. Winnie Joyce A

Assistant Professor and Faculty Coordinator,
Department of Social Work

CONFERENCE CO-CONVENORS

Dr. Sathish Kumar R

Assistant Professor
Department of Social Work

Dr. Bijaya Laxmi Sahoo

Assistant Professor
Department of Social Work



Kristu Jayanti College

AUTONOMOUS

Bengaluru

Reaccredited A++ Grade by NAAC | Affiliated to Bengaluru North University

DEPARTMENT OF SOCIAL WORK

Organises

NATIONAL CONFERENCE

on

**HEALTH AND WELL-BEING:
BRIDGING THE GAP FOR SUSTAINABLE FUTURE**

7th & 8th November 2023



KRISTU JAYANTI COLLEGE

Kristu Jayanti College, founded in 1999, is managed by "BODHI NIKETAN TRUST", formed by the members of St. Joseph Province of the Carmelites of Mary Immaculate (CMI). The College is affiliated with Bengaluru North University and is reaccredited with grade 'A++' in 2021 by NAAC in the Third Cycle of Accreditation. The College is recognized by UGC under the category 2(f) & 12(B). The College has been accorded Autonomous Status since 2013 by the University Grants Commission, Government of Karnataka & Bangalore University. For its contribution to the field of Education, Kristu Jayanti College has been recently given the Clean and Smart Campus award. In the India Today - MDRA survey 2021, Kristu Jayanti College, Bengaluru is awarded as the Best Emerging College of the Century at the National Level, and the college is ranked 4th Best BCA, 12th Best MSW, 20th Best Arts, 21st Best BBA, 22nd Best Commerce, 28th Best Science and 28th Best Mass Communication College in India. The College is also ranked 2nd Best in MSW, 3rd best in Arts, Commerce and BCA, 4th Best in Science, and 6th Best in Mass Communication and 7th Best in BBA among the colleges in Bengaluru. The institution strives to fulfill its mission to provide educational opportunities to all aspiring youth to excel in life by developing academic excellence, fostering values, creating civic responsibility, inculcating environmental concerns, and building global competencies in a dynamic environment.

DEPARTMENT OF SOCIAL WORK

Grounded on an obligation to a skill-oriented approach to Social Work, the Department of Social Work equips students with exceptional Social Work practice since its inception in 2003. Rooted in social justice and human rights, the Department constantly strives to prepare professionals who could make a marked difference in society without compromising on the ethics and values of the profession. The budding Social Work students are provided with umpteen numbers of opportunities to build their knowledge and skills on the foundational values of social fairness and compassionate society. Our emphasis is on analytical inquiry and intellectual curiosity through experiential learning through the amalgamation of theory, practice, and research. Subject experts on current areas of Social Work have been on and off invited for lectures for the benefit of students to get a better understanding of social realities. The curriculum of the course is designed in such a way that it keeps pace with the changing times across the globe and testimony to this fact is all our alumni are personally, professionally, and socially successful in their professional endeavors. Through rigorous field practicum, our students are aggressively engaged in academic, practical, and specialized skill development in preparation for their 'yet to come' roles as capable and responsible social workers and campaigners of progressive social change. We endure constructing partnerships with civil society organizations and the Social Work community across India so that our students could move in bravely the multifaceted realm of Social Work. Our interdisciplinary collaboration has enabled our students to get employed in government sectors, civil society organizations, and private sectors. The dedicated faculty who draw from a strong contemporary curriculum and their own hands-on experience of the Department of Social Work has been engaging in many research and consultancy activities on a wide range of Social Work arenas comprising the Socio-Economic Assessment of Services of NGOs, Violence Against Children, Emotional Health of Youth, Coping With Stress Through Life Skills, Corporate Social Responsibility, Capacity Mapping of Partner NGOs, Development and Validation of Community Based Training Model, Academic Bullying, Mental Health of Students and Quality of Life of Adolescents, etc. Our college is also a nodal center for Life Skills Education in Karnataka under the auspices of the Department of Social Work. The department offers a Master's Degree in Social Work (MSW) with three specializations namely Social Development, Medical & Psychiatry, and Human Resource Management. The Department of Social Work in Kristu Jayanti College promotes holistic development of students who come from all social, ethnic, racial, and spiritual backgrounds and aptitudes.

ABOUT THE CONFERENCE

Healthy Mind lives in a Healthy Body. Poor health constitutes suffering and deprivation of the most fundamental kind. Over the years, significant strides have been made in increasing life expectancy and reducing some of the common killers associated with child and maternal mortality. Suicide is the second leading cause of death globally between the ages of 19 to 25. Despite global progress, the challenge of these and new pandemics remains in many regions of the world does impact the well-being of an individual, but it also burdens family and public resources, weakens societies, and squanders potential. The health and wellbeing of people at all ages therefore lies at the heart of sustainable development. Protection from disease is not only fundamental to survival, but it enables opportunity for everyone and strengthens economic growth and prosperity.

According to the World Health Organisation health is defined as; a state of complete physical, mental, and social well-being and not merely the absence of disease or infirmity. Whereas Wellbeing is a state of being comfortable, healthy, or happy. It comes from a combination of factors such as physical health, emotions, feeling secure or safe and leading a life where a person can feel satisfied.

Sustainable Development Goal 3 aims to ensure healthy lives and promote well-being for all, at all ages. Health and well-being are important at every stage of one's life, starting from the birth. This goal addresses all major health priorities: reproductive, maternal, newborn, child, and adolescent health; communicable and non-communicable diseases; universal health coverage; and access for all to safe, effective, quality, and affordable medicines and vaccines. Goal 3 also calls for deeper investments in research and development, health financing and health risk reduction and management. Sustainable well-being leads to sustainable development with maximum benefits in quality of life for minimum negative impact on environment. Dr. Richard Davidson describes sustainable well-being as the ratio of psychological well-being to environmental footprint.

UN Organizations, through Goal 3, has committed itself to a global effort to eradicate disease, strengthen treatment and healthcare, and address new and emerging health issues. It calls for innovation, and research in these areas to further enhance public policy efforts, governance, and legal framework, Financing, Health workforce, Medicines and technology, Health information systems for a sustainable future and to ensure a holistic approach to better health will require ensuring universal access to healthcare and to making medicine and vaccines affordable.

1. Ensure healthy lives and promote well-being for all at all ages
2. Ensure universal health coverage and access to quality health services, medicines, and vaccines
3. Promote inclusive, human rights-based and community-based mental health services
4. Mobilize resources and develop the health workforce

Worldwide, persons with psychosocial disabilities face discrimination and exclusion, including with respect to access to healthcare. Meanwhile, mental health does not enjoy parity with physical health in national policies and budgets nor in medical education and practice. Mental health policies additionally favour in-patient care over community-based non-coercive services, as reflected in mental health expenditure. Health and well-being are determined by an array of social and environmental factors that largely sit outside the health

system. Social determinants of health include access to adequate food and nutrition; transportation; housing; safe drinking water and adequate sanitation; healthy occupational and environmental conditions; safe livelihoods and access to health-related education and information.

Sustainability as patterns and policies that establish long-term solutions for the wellbeing of the entire ecosystem, including humans and nature, for current and future generations. Sustainability includes ways we can reduce aspects of our 'ecological footprint' or consumption patterns to decrease the harm and injustices from occurring in the first place. An ecological footprint is an estimate of the burden we place on our world as we consume energy, food, land, and water.

With a social work lens, we promote people's rights (bottom-up approach) by providing the communities with information and education for transparency and participation. We underline everyone's contribution and strive to influence decisions at a policy level about infrastructure, systems, and services. The social work approach mainly creates goals in a participatory manner from the bottom-up (community and people-driven) including the knowledge and needs of all individual.

The concern from the Social Work profession is that the agenda of the SDGs may get overridden in the aftermath of the pandemic, and the predicted global economic turmoil, that will significantly impact global governance in the next 5-10 years. Unfortunately, we must expect a devastating negative impact on people and communities with whom we work together, and the gap between the very rich and the majority already living in poverty will widen and deepen the existing inequality gap in societies, locally as well as globally.

To ensure the sustainability future of the people in health and wellbeing we should be more vigilant towards accessibility, availability and delivering health care services both in Urban and Rural area as well. To address and respond to the prevention and curation of health issues social work professionals plays a vital role in promotion and development of health consciousness among people. By keeping these points, Department of Social Work organizes a National Conference on Health and Well-Being: Bridging gap for Sustainable future.

The Conference address the following Objectives:

- To create and enhance participants' understanding the concept and relevance of health and well-being in reference to sustainable future.
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- To encourage beneficiaries to analyze effects and consequences of health and well-being in contemporary situation.
- To address the issues related to women, youth and child health and well-being.
- To Provide platforms to various institutions to carter their role and responsibility in promotion of sustainable health care services.
- To inspire students and scholars to participate in prevention and promotion of health and wellbeing for their bright future.
- To find out the emerging roles of Social Work profession in dealing with health and well-being of people for maintaining better sustainable future.
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- To inspire students and scholars to participate in prevention and promotion of health and wellbeing for their bright future.
- To find out the emerging roles of Social Work profession in dealing with health and well-being of people for maintaining better sustainable future.

It is wished that this conference would bring remarkable changes among stakeholders to become consciousness at accessibility and delivering health and wellbeing services with response to sustainable future. Conference would also address people's participation, role and responsibility in prevention, curation, promotion and development of health and wellbeing for a better sustainable life.

SUB THEME OF THE CONFERENCE

1. Family Health and Well-being
2. Role of youth in Sustainable health and well-being
3. Promotion of Health and Well-being through yoga and Meditation
4. Differently abled Persons' health and well being
5. Nature based solutions
6. Nutrition and Balance Diet
7. Gender and Health and Well-Being
8. Role of Civil Society in health and well-being
9. Personal Health and Hygiene
10. Determinants of Health and Well-being
11. Psycho-social aspects of health and well-being
12. Role of Mass media in health and well-being
13. Health and Management
14. Indigenous and modern Health care practices
15. Other relevant / allied areas

SUBMISSION GUIDELINES

Completed manuscripts are required to be submitted as per APA 7th Edition.

The submission should spell out the theme of the research, the theoretical framework, the method used, and the contribution to the field.

- Full name of the author(s) e-mail id, designation, and department.
- Abstracts must not exceed 250 words.
- Full papers with a minimum word limit of 2,500 and the maximum word limit of 4,000 words.
- Full papers must not exceed 10 minutes in delivery (Presentation).

A soft copy of the abstract and full paper should be sent as an e-mail attachment to: socialwork@kristujayanti.com

All participants must register and be present in person for the paper presentation to be considered as a part of the conference.

Certificates will be issued only after the conference.

Publication details will be intimated

IMPORTANT DATES

Abstract Submission: 5th October 2023

Abstract Acceptance Notice: 10th October 2023

Full Paper Submission: 31st October 2023

Conference Dates: 7th & 8th November 2023