

WOMEN EMPOWERMENT CELL 2015-2016

Office Bearer's List

Sl. No	Office Bearer's List
1	Ms. Madhumathi VK
2	Ms. Kalaiselvi
3	Dr. V Chitra
4	Ms. Madhumalathi R

GUEST LECTURE
HOW TO DEAL WITH YOUR TEENAGE LIFE
Date: 13th to 15th July 2015

Name and details of Resource person: Dr. Molly Joy, Head - Department of Psychology, Kristu Jayanti College, Bangalore

Objective: To create awareness about the teenage issues and to deal with them

The guest lecture was exclusively for girl students of first year undergraduate classes of B.Com, BBA and BA. The session was addressed by Dr. Molly Joy, Head - Department of Psychology, Kristu Jayanti College. She addressed the gathering on various social evils like pornography, drug addiction, abortion etc. She highlighted various unique qualities of women and gave valuable tips to overcome teenage issues. She discussed the hormonal changes that takes place during their adolescence and addressed how psychological issues and their biological changes within make them deviate from studies; she gave tips on how to overcome these issues.



Photo: Dr. Molly Joy addressing the students

ART EXHIBITION SRUJANA 2015

Date: 4.9.2015

“SRUJANA”- the annual art and craft exhibition cum sale of the Women Empowerment Cell of Kristu Jayanti College was held on Friday, the 4th of September 2015. Rev. Fr. Augustine George, the Vice Principal of the college was the Chief Guest. Inaugurating the event, he commended the efforts of the Women Empowerment Cell in organizing such an event successfully and remarked that he was delighted at the creativity and passion of the students who had gathered in large numbers to participate in Srujana-2015. Visiting the stalls in the auditorium, he interacted with the participants and encouraged them to pursue their skills and interests.



Photo: Students participating in the event

NATIONAL CONFERENCE EMPOWERMENT OF INDIAN WOMEN THROUGH SKILL ECO SYSTEM

Date: October 29, 2015

The Women Empowerment Cell of Kristu Jayanti College successfully organized a National Conference on 29th October 2015 with the theme “Empowerment of Indian Women through Skill Ecosystem”. Altogether 30 delegates from all over the nation took part in the conference which constituted of students, teachers and professors from different institutions. The inauguration ceremony of the conference was presided over by Ms. Aruna Reddy, Director , Global Partner Services, Microsoft. The presidential address by the Chief Guest Ms. Aruna Reddy focused on how educating women is a key factor of empowerment. She emphasised that we cannot achieve leadership roles without empowering women. The conference covered three technical sessions by eminent speakers addressing on the theme of the conference.

Inauguration ceremony



Photo: Presidential address by the Chief Guest

GUEST LECTURE WOMEN HEALTH AND ANAEMIA Date: 24th February 2016

Name and details of Resource person: Dr. Eileen Solomon, NGO working for HIV care and prevention.

The Women Empowerment Cell of Kristu Jayanti College organized a guest lecture for the first year undergraduate students. Dr. Eileen Solomon, an experienced Family Physician who works with NGOs discussed the hidden information about anaemia and personal women health. Dr. Eileen conducted two sessions: First session on how anaemia affects the women's health and the food habits to be followed to prevent anaemia and the essential nutrients a woman needs in her body to overcome anaemia. Second session was on personal health. The information shared by the resource person was quiet helpful for the growing teenage audience.

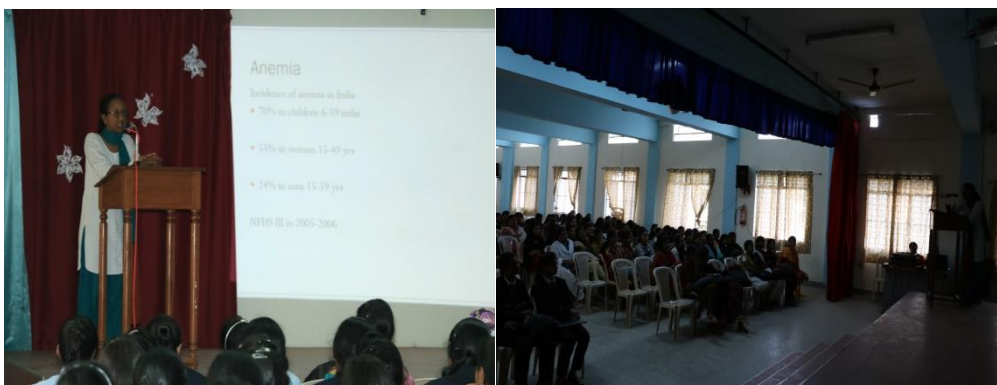


Photo: Dr Eileen Solomon addressing the students

WOMEN'S DAY CELEBRATION

Date: March 8 2016

Women's Day was celebrated on 8th March 2016 by the Women Empowerment Cell of Kristu Jayanti College. A skit was performed by the students to showcase the women who have brought about remarkable changes in today's world. After the skit, the Women Empowerment Cell conducted "Girls Got Talent" which provided a platform for the girls of Kristu Jayanti to exhibit their talents. Altogether, the event was successful in its aim to give a platform to the women in the college to showcase and pursue their skills and interests apart from academics and thus encouraging, empowering and equipping them.



Photo: Students showcasing their talents

GUEST LECTURE BREAST CANCER

Date: 8th March 2016

Name of the resource person: Nithya Dhruve, Clinical Psychologist, Couch

Objective: To educate the students on awareness of cancer, its causes, effects and prevention

The Women Empowerment Cell of Kristu Jayanti College conducted an awareness programme on cancer. It started with an interactive session with the students about cancer and its symptoms. The presentation about cancer helped the students to understand better on the causes of it. The workshop mostly focused on breast cancer and cervical cancer by which most women are affected in today's world.





Kristu Jayanti College

AUTONOMOUS Bengaluru

Reaccredited 'A' Grade by NAAC | Affiliated to Bengaluru North University

Women Empowerment Cell

The Women Empowerment Cell of Kristu Jayanti College engages, sensitizes and empowers the students of the institution towards the cause of gender equality. With the motto of “Educate and Empower”, the cell organizes annual conferences, guest lectures, workshops and awareness programs on various women related issues to equip them with wide range of skills and knowledge for the betterment of self and society. The cell also focuses on empowering and strengthening their confidence to be the future women leaders, technocrats, entrepreneurs and scientists. Regular sessions are organized on various capacities to instill self-confidence and ethical values and make them realize their potential.

Objectives

1. To empower girl students and build confidence in them
2. To create awareness on Gender Equality
3. To provide skill training to women and girl students
4. To educate girl students on women specific health issues and measures to be taken.
5. To create social awareness about the problems of women, gender equity and prevention of sexual harassment.
6. To enhance research interest in faculty and Students in gender related issues and promote publication

Roles and responsibilities

1. Creating awareness about gender equality
2. Encourage women to undertake activities that strengthens their self-confidence.
3. Empower female faculty, staff and students about general economic and social issues.

Gender Sensitization Action Plan

Kristu Jayanti College (Autonomous) believes in equality, inclusiveness, respect for human dignity, fairness and justice for all which is reflected in an unbiased recognition and representation of women and men in all areas to thrive. The College also strives to acknowledge diversity in talents and constantly endeavours to be committed role models in teaching future generations. Women Empowerment Cell (WEC) of the College with its motto “Educate and Empower” actively involves in implementing gender equality policies and the development of its stakeholders. It also endeavours to bring positive change in the society as well as within the campus through various measures for diversity and by counteracting any existing inequalities. With these objectives in mind, Gender Sensitization Action Plan for every Academic Year has been formulated with a strategic goal and action plan.

Targets of the Year & Tentative action Plan

- Create awareness on Gender Equality
- Skill training to girls and female faculty
- Organizing workshops, conferences and research publications in relation to women issues
- Conducting surveys and researches based on funded projects