

# Krysalis

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KRYSALIS : An in-house publication by the Department of English (PG)  
Kristu Jayanti College (Autonomous) Bengaluru



Kristu Jayanti College

AUTONOMOUS Bengaluru

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## PRINCIPAL'S NOTE



REV. FR. JOSEKUTTY P.D.

I would like to commend the Department of English (PG) on the release of the second edition of Krysalis with 'Exploration' as their chosen theme. Exploration and Discovery are two sides of the same coin and this latest edition of Krysalis is an Ode to Exploration. It is an attempt to move from the margins to the centre, from the achievable to the ideal, to cast the net wider - to eschew rhetoric and discover the neoteric as well as the esoteric. It is the spirit of inquiry that fosters research and is the hallmark of every growing discipline. It is the reason behind the pulsating vibrations behind all human endeavour and I congratulate them for celebrating it in every page of Krysalis 2019.

Rev. Fr. Josekutty P. D.  
Principal

## VICE PRINCIPAL'S NOTE



REV. DR. AUGUSTINE GEORGE

Exploration is an activity which occupies the space that emerges between the intersecting worlds of Art and Science. It propels Science to push the boundaries of its frontiers and inspires Art to envision better worlds. The Department of English (PG) in Kristu Jayanti College Autonomous has fittingly chosen Exploration as the theme for this issue of Krysalis as they efficiently navigate both these worlds in an attempt to seek harmony, coalesce and create a beautiful symphony. Krysalis 2019 is the embodiment of this pursuit of Exploration and has 'Krystalised' within its pages many forms of Exploration in a beautiful interlacing of both Science and Art.

Rev. Dr. Augustine George  
Vice Principal &  
Director, International Affairs

## OUR DEPARTMENT



[Batch 2018 - 2020]

The Department of English (PG) offers its Masters programme with the primary objective of acquainting students with a wide gamut of emerging areas of literary study and inculcating them with a propensity toward critical exploration. An emphasis on the cultural, intellectual and political progress of humanity inspired a curriculum that serves the needs of its students, offering them relevant course choices and electives within a structured and well thought-out framework. Upon completion of the programme, students are enabled to engage in comparative analysis of texts, understand and apply various theoretical approaches and also appreciate a variety of perspectives in the teaching or the composition of literary works. Students are also trained to develop specialised reading skills and attain an ability to place literary texts in their wider intellectual and historical contexts, fostering critical processes of systematic analysis.

Experienced faculty members mentor students and uphold the ethos of the college striving toward excellence and innovation, while remaining open to the winds of change orienting students to be able to meet the challenges of our rapidly evolving world. Students are provided intensive mentoring both inside and beyond the classroom in a wide variety of forms. Guest lectures, Workshops, Film screenings, Conferences and Research colloquia are regular features in the Department and are in fact a part of the academic calendar.

Students of the Department are equipped to discover their innate potential, realize their prospective contributions to the world and are taught to be good stewards of their unique talents. "Krysalis 2019" is one such initiative taken by the department to provide its students with the much required creative platform to refine their talents toward finer intellectual and creative expression.



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**KRYSP-GENRE**

TRAVEL WRITING AS A GENRE

Travel is a genre of writing, fiction and non-fiction, that has been around for centuries. It is a genre that has evolved over time, from simple travelogues to complex, multi-layered narratives. In this issue, we explore the history and evolution of travel writing, from the early days of exploration to the modern era of digital travelogues. We also feature a special section on travel writing as a genre, with a focus on the challenges and opportunities of this form of writing.

**16** KRYSALIS  
**KNOWN / YET UNKNOWN**

Juan Gabriel Verne

Juan Gabriel Verne is a French writer and a pioneer of the science fiction genre. He is best known for his novels, which often feature futuristic technology and adventures in space and on other planets. In this issue, we explore Verne's life and work, and how his ideas have influenced modern science fiction. We also feature a special section on Verne's impact on the genre, with a focus on his role as a pioneer of the science fiction genre.

Other books with Kafkaesque elements

1984 by George Orwell, The Stranger by Albert Camus, Fighting the Angel by Jay Carr

Movies with Kafkaesque element

Brazil, L.A. Infa, Dark City

Authors: M. & English

**18** KRYSALIS  
**KNOWN / YET UNKNOWN**

Other books with Kafkaesque elements

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Brazil, L.A. Infa, Dark City

**28** KRYSALIS  
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EXISTENTIALISM

Existentialism is a philosophical movement that emerged in the 19th century. It is a form of philosophy that focuses on the individual's experience and the search for meaning in a world that is often seen as absurd. In this issue, we explore the history and evolution of existentialism, from its roots in the 19th century to its modern-day applications. We also feature a special section on existentialism as a genre, with a focus on the challenges and opportunities of this form of writing.

Authors: M. & English

EDITORIAL BOARD



**Maria Supriya G**

It all started with college extension **CREDITS** but I enjoyed the camaraderie of our team and the evolution of Krysalis.



**Princy John**

Krysalis was a journey of dedication and commitment and with the support of our **TEAM**, it was a truly gratifying and enjoyable experience.



**Daphilabet Khriam**

Among the many skills that I became well versed with, "**TIME MANAGMENT** for brilliance" was a strategy that I grasped and applied during the fruition of Krysalis.



**Nissi Mary Thomas**

**WRITING** is a confession and the expression of an artist's inner thoughts. It forms the heart and soul of Krysalis.



**Ragi Sebastian**

**ARTISTS** are people who create, they make us fall in love with life with their creations.

DESIGN



**T. F. Calvin**

A magazine may be a collection of well written articles but it is thought-out **DESIGN** that makes it a dance of colours, forms and words in a perfectly orchestrated symphony. Our Faculty Coordinator Dr. Lyola Thomas has been a constant source of encouragement for us to achieve that perfection.



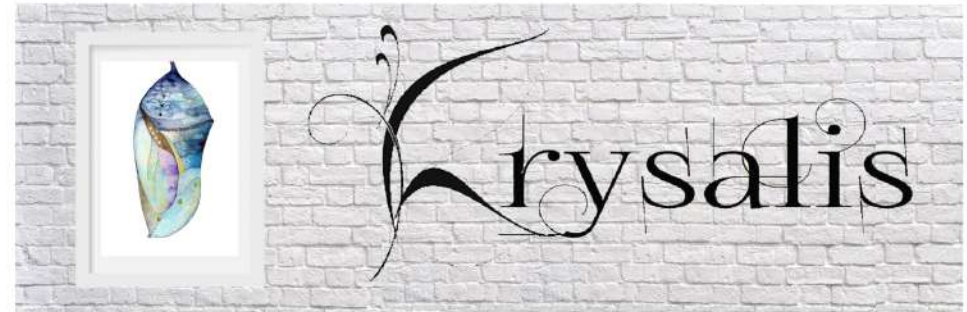
**V. L. Remruati**

I learnt that **EDITING** is the art of realising - less is more and by erasing, one can actually make meaning flourish.



**Dr. Lyola Thomas**  
Faculty Coordinator

WHY KRYSSALIS?



It was a languid Monday afternoon when four first year students from the PG Department of English sat down in their classroom to brainstorm and decide on the name for their in-house magazine. Many names were thought about, read out, sounded out and abandoned...until finally the name Krysalis came floating in as it were on that eventful brilliant afternoon. The name Krysalis was a perfect embodiment of the core purpose of the magazine even as it carried with it overtones of our college name, Kristu Jayanti. The name Krysalis was decided on without any hesitation because it beautifully communicated the scope of the magazine while also encapsulating the transitional stage of the PG students. Krysalis was conceptualized as a space devoted to Transformation and Mindfulness.

Krysalis 2019 has Exploration as its theme and the cover page design with watercolour in minimalism signifies a movement from the periphery to the profound, celebrating growth with depth and rootedness.

**Chrysalis:** *A chrysalis can be defined as a transitional state; a process of developing. It is the journey between the cocoon state of a caterpillar through to the transformation of a beautiful butterfly.*

**Word Origin:** *The word comes to us from early 17th century Latin chrysal(l)is, chrysal(l)id-, and from the Greek khrosallis, from khrosos 'gold' because of the gold colour or metallic sheen of some pupae.*

Conceived by the students of the Postgraduate Department of English as a platform to showcase their creative contributions and aspirations, it hopes to remind its readers that each of us is still a work in progress even as it attempts to inspire and transform its readers toward living with a heightened sense of consciousness.

**Dr. Lyola Thomas,**  
Faculty Coordinator



## GONE WITH THE WIND

The age of reason has played its ruse

On this adolescent soul  
Weaning him away from that obligation

Of being attentive to the Milk of human kindness.

When that loving soul  
Was around, everything was  
Taken for granted and her  
Presence was taken lightly.

Today, that touchstone of  
Existence...of sacrifice has left  
For her eternal rest

Regret is born now

For doing too little and too late.

The loss of those golden times  
are permanent

The pain of it fills my heart

Sweet nostalgia is of no help

Because, life offers no second  
chances

When it comes to death

I can feel her love, it remains alive  
in me

But I can't show her my love

Because my mother

Is now gone,

Gone forever.

**Jyothis Koshy, M A English**



**Art by Ragi Sebastian, M A English**

## THE INVISIBLE HANDS JOURNEY COMPANION

The day he held me  
He infused me with strength,  
A strong tree that grew stronger with  
each passing day.  
The kisses he showered  
Built a canopy of comfort and protec-  
tion,

A protection from all evil.  
The times we spent,  
The days we had,  
Filled memories in my soft little heart,  
Created smiles that played long.  
He fought for me in life when he was  
with me,

I was blind and numb  
To everything he had given me  
But still he loved me  
More than I loved him.  
Fears sprouted in me  
When I was away from him,  
But he changed those fears  
Into flowers of faith.

Those bright eyes of his  
Were filled with love that had no end,  
With him I was a queen  
But now without him  
I am just a fallen leaf.

But still the journey of my life goes on  
Held up by Invisible Hands...

**Sona Paul, M A English**

I stood aloof, a lonely traveller  
Amidst the dark and broad woods  
When my heart realized that I have  
lost my way

My weary eyes searched far and  
wide

Longing for answers

But I found none.

All I could see was heavy trunked  
trees

Who stood still like silent specta-  
tors?

I struggled like a hopeless fish  
Out of the water.

The surroundings that once lured  
me

Now terrified me at every sight

When I realized that all my strength  
was in vain,

I cried out in desperation

Suddenly... I heard a familiar voice,  
My flooded eyes were eased and  
opened wide

And my heavy heart leaped in joy.

All fears and weaknesses loosened  
its grip

The dark forest now looked inviting  
I quietened my soul and

Listened to my Companion's steady  
tread

His voice guided me and my path  
opened up as if brightly lit.

**Sushma X, M A English**





Art by Ragi Sebastian, M A English

## LIKE THE TAPESTRY

Seemingly beautiful  
Like a tapestry finely woven:  
To exhibit, to please, to warm,  
With colours that merge and mingle  
But,  
Silence was her mouth,  
Turmoil was her mind,  
She was told to compress it,  
To keep it short,  
The warp of threads now mingled with  
The smoke of combustion,  
She inhaled it as if it were a breakthrough  
And crafted an identity that emerged.

Bendangrela Longkumer, M A English

## KREATIVITY

### A PATH WOUND WELL

A river winds its path  
Eyeing its end of the large ocean  
Like the mighty river,  
My path is also carefully planned.  
So with good natured love I view all.  
Let's nurture Love  
Safely away from Life's thorns  
Not just in me but everywhere it blooms  
The riverbank is alive with Life and Love  
Life is reflected in the river  
Reflections dance in impermanence  
But Growth chooses a place where water  
and soil play  
in rich confluence and gentle constancy.  
Easing my soul's angst,  
Allaying my fears,  
Fostering Growth and 'love for humankind'.

P. Ester, M A English



Art by Ragi Sebastian, M A English

## KREATIVITY

### CAGED WORDS

The grief was invisible, the screams were silent  
For she masked the inner violence with a smile  
No one notices the anguish,  
The inner demons that play hide and seek.  
The pain was deeper than the wounds  
And the fire burning within: brighter than blood  
The drink turned bitter and the food became cold.  
All were poisoned alike by memories old,  
Shattered by thoughts that failed to numb the pain.  
She fell headlong into a deep pit of despair  
Happy times were forgotten.  
Strength failed her will,  
She walked into the water with the pebbles  
she had gathered along the path  
All dreams lay shattered.

Scattered around the motionless body were pages filled with empty words:  
Writing was the only escape known to her.  
She threw rays of golden sun on the pretty faces lining up to lift her,  
Only to blind them with the weight of her last whispers  
She once melted quicker than snow under the scorching sun,  
But that was a mistake never to be made again  
Scared to smudge this final chapter with the truth, she chose to hold onto Thanatos.  
The voice of the one who believed echoed words of assurance.  
The call that brought her to the surface again:  
"Unshackle the chains holding you back  
Burn down the towers of self-doubt  
And let that light shine  
Paint yourself a rainbow  
The future is radiant with hope.  
Build a new world, a new chapter, a new beginning."

V L Remruati, M A English





## KAREER-COUNSEL

A career is more than a profession or a job. It is more than just earning money. It includes passion and love for what you do. In such a case, it is very important to choose a career that best suits your nature and carve out a career for what you have a passion for.



If you have great communication skills and have been blessed with the gift of the gab then being a radio jockey or an RJ could be a great choice for you. Being a radio jockey is all about sharing and speaking to invisible listeners. It is important to create a good rapport with your listeners so that they become interested in what you say. The content must be interesting, fun, and loaded with facts because people do not tune in to listen to a lecture on the radio. You become the listener's favourite when you add humour to the content you present. Hence, humour is essential to entertain your audience. Being honest and straightforward while talking about life skills and experiences and not pretending to be somebody you are not enhances your personality and adds to the value listeners give you. Another important factor to consider is to be genuine while on air and not to fake an accent or personality. Last but not the least, being a Radio Jockey is not only financially viable, but also garners your many fans and friends. So, if you have the gift of the gab and are tripping on humour, this is definitely the career for you.

**Nissi Mary Thomas, M A English**



## KRYSP-GENRE

### INTERVIEW WITH PRIYA GANAPATHY



**Q How important is travelling for students?**

Extremely crucial! You have to actually go out there and experience things. History is not just about dates. When you see something the way you perceive, the thing becomes totally different. For instance, visiting Hampi is not just a question of imagination. You can't piece together the history of the Vijayanagara Empire straight away but when you visit Hampi, it gives you a different perspective. You know what life was like and how advanced they were.

**Q Why do you travel? How has travelling helped you in your personal growth?**

In a broader sense, travelling is something that expands your world view. Even when I was a kid, I was fascinated with places. I think it is the joy of seeing something new, discovering something new. Initially it was the landscapes, the newness of a culture, a place, a destination. Travel is something that really pushes your limits. It is a question of opening up your mind to new ideas, newer experiences, newer culture, and new people. I think the opportunity that travelling offers is something that allows you to develop as a person because your whole world view changes and you become more accepting and fascinated by the differences of the people and the similarities too. You adjust to so many little things that happen along the way. There are new situations thrown at you, moments where you need to think on your feet and of course you get to try different cuisines.

**Q How can college students travel on budget?**

I would say start with shorter distances if you were to travel solo. Couchsurfing, a social networking service has opened up where a group of people can pool their resources to travel. If it's college then they have subsidized trips that are organized. And of course if you are in college, you can take an internship with a publication or something and have an opportunity to travel. If they have a travel division, go out on assignments. You can stay in dharamshalas and monasteries so your food and accommodation are taken care of. There are lots of books on how to travel on a shoestring budget. There is a lot of goodwill that you receive from people. You'll be surprised to see how doors open in the hills and how people are willing to have you over.



Voluntourism is also a growing concept that many youngsters are taking on. So they volunteer to work on organic farms, schools etc. and get their food and accommodation taken care of while they discover the place at their own pace for the duration of their stay.

**Q What are your top five places to visit?**

I still think Ladakh tops as my favourite place as it is one of the most beautiful places I have seen along with Peru - it overwhelms you in every sense. In India, it is Hampi, because it is just incredibly beautiful. Hampi is the type of place that kind of grows in you. There is a lot of beauty in that place. Africa, Zambia and Ethiopia were also beautiful and amazing.

**Q What process do you follow while putting your travelling experience down on paper?**

I would say one is the experience itself, the experiential side of the trip. If we are doing something on current trends, then creating a theme around it is another aspect which is helpful for designing a story. So, our pitches would be based on some of these factors as to what is the USP of the place or what is unusual there.

**Q Do you think travel writing can be an effective way to bring the subaltern narrative of the particular area to light?**

Absolutely! Because there is a lot of preconceived notions about colour people in the minds especially in today's world where the threat perceptions are so high around different places. And sometimes the media also tends to hype a situation which is there. It also breaks the perceived notion of how a place is when you are there. So, travel writing will give a true picture from a first-hand version of what the place is all about, who the people are and that is very important in building bridges in terms of cultures, people and places, which is paramount.

**Q Do you think travel vloggers and their videos have affected travelogue readership in anyway?**

There are two ways of looking at it. There is always a market for reading no matter what people say, though formats might differ. I am pretty old school in that because I still believe that people who want to read will read. Maybe the news or the versions of the story are concise and condensed and are brought down to pictures or the format of telling a story might vary. I still read and I still like the long read format. I still like dwelling into what the whole story is about rather than getting snippets.

**Q Can you give us a few tips on travelogue writing.**

Read a lot. Soak in every place. I would suggest you to jot down notes when you are going on a trip. Write down the idea that crystallizes in that moment then and there because there are so many times when I say "Yeah I'll do it later" and then it will never come back. Bring it alive; bring the place alive in your writing. I think that would make any travel writing fascinating.

**Q Have you ever thought of creating a fictional story from any of your travelling experiences?**

No, not yet. But I think a lot of anecdotal stuff, quirkiness and irreverence are there in our experiences and our writings.

**T F Calvin, M A English**

## ECOCRITICISM




Eco criticism is an interdisciplinary discourse in literature and environment in which scholars interpret texts and other reading materials in order to understand the way in which a text analyses and treats nature. It is also referred as Green Criticism. It began in early 90's and flourished into a complete interdisciplinary discourse as it examines various literary texts and find the real meaning of it with the environment. Cheryll Glotfelty, a literary critic from USA is considered as the pioneer in this literary theory.

**Princy John, M A English**



### TRAVEL WRITING AS A GENRE



"Travel is fatal to prejudice, bigotry, and narrow-mindedness and many of our people need it sorely on these accounts. Broad, wholesome, charitable views of men and things cannot be acquired by vegetating in one little corner of the earth all one's lifetime."  
- Mark Twain

Travel writing is a difficult genre to distinguish as it shares similar features with many other genres. Travel writing is derived from different forms such as histories, personal narratives, accounts of exploration, and tales of epic quests. These writings have always been as much about the exploration of the writer's self as it has been about the places or people visited. The destination is of relatively lesser significance; it is the process of travel, the work involved, which is the true subject of the travel writer. It is also a form of creative non-fiction in which the narrator's encounters with foreign places serve as a dominant subject. It is also referred to as Travel Literature. Thus, the genre of travel literature encompasses Outdoor Literature, Guide Books, Nature Writing and Travel Memoirs. Travel Genre was a fairly common genre in medieval Arabic literature. However, it became popular during the Song dynasty of medieval China. By 18th century, it was commonly known as the 'Book of Travels' which mainly consisted of maritime diaries. In 18th century Britain, many a writer dabbled in the travel literature form focussing on the differences in manners and customs found around the world. These help the reader gain an understating about other people and places. It also assists readers to plan their own trips and circumvent costly mistakes while travelling. But, most of all, it allows readers to travel to far-off destinations that they may never get to see in real life.

Some of the notable contemporary travel writers in English are Paul Theroux, Bill Bryson, Pico Iyer, Rory MacLean, Mary Morris, Dennison Berwick, Jan Morris, and Tom Miller among others.

The top ten most influential travel books are Herodotus' Histories, Marco Polo's The Travels of Marco Polo, Laurence Sterne's A Sentimental Journey Through France and Italy, Mark Twain's The Innocents Abroad, Norman Douglas' Siren Land, Freya Stark's The Valley of the Assassins, Jack Kerouac's On the Road, Tony and Maureen Wheeler's Across Asia on the Cheap, In Patagonia by Bruce Chatwin and A Year in Provence by Peter Mayle.

Mareena A S, M A English

### 5 MUST READ BOOKS ON EXPLORATION





### PRESERVING CULTURE AND HERITAGE

Culture and heritage reflect and shape values, beliefs, and aspirations, thereby defining people's national identity. Preserving our cultural heritage is of immense importance because it preserves our identity as people and helps us foster our cultural diversity in the face of growing globalisation. A common view held by some is that traditions are archaic and outdated and have no relevance in today's world but it is an undeniable fact that exploring the wide field of cultural heritage offers us a robust variety of benefits.



Cultural Heritage faces many dangers from theft, war, civil disorder, terrorism, neglect and vandalism. Of these many dangers, armed conflicts remain particularly intractable and disturbing. Unfortunately, even in the 20th century we can witness this wilful destruction of the valuable heritage of countries. Disasters need to be managed in order to control them, or at least to mitigate the effects.

Developed nations are considered progressive and evolved but what we often fail to see is that modernization comes at a cost, namely the loss of smaller languages, rituals, and cultural preservation. As the modern world reaches into the developing and undeveloped worlds, new "escapes" become apparent to younger members of the developing worlds. Being able to adapt to the modern world is seen as beneficial and a potential way to a better life.

By allowing certain languages and cultures to disappear, we are losing the unique perspectives of each culture. Every culture has its world view, problem-solving processes, and its own take on religion. Thus, cultural preservation is vital in maintaining our human identities. If we continue to homogenize culturally, we lose the advantages of learning from different points of view. This limits our ability to solve unique problems and could be very detrimental.



Culture is no doubt the soul of a nation, without which society is impossible. It is the set of transmitted and learned behavioural patterns, beliefs, institutions and all other products of human work and thought that characterize the functioning of a particular population, profession, organization or community.

Culture provides solutions to the critical problems that are faced by the community. Culture teaches us to think for the whole nation and not individually. It provides us with a sense of self, family and nation. It roots us to the past and connects us to our future.

Mareena A S, M A English

### WORD OF THE YEAR 2018



*The maintenance or administration of what is just, especially by the impartial adjustment of conflicting claims or the assignment of merited rewards or punishments.*

**REASONS FOR WORD OF THE YEAR**

1. The concept of justice was at the centre of many of our national debates in the past year: racial justice, social justice, criminal justice, and economic justice.
2. This year's news had many stories involving the division within the executive branch of government, responsible for the enforcement of laws.
3. Justice has multiple meanings that range from the technical and legal, to the lofty and the philosophical.



*Containing or being poisonous material especially when capable of causing death or serious debilitation.*

**REASONS FOR WORD OF THE YEAR**

1. In 2018, toxic added many strings to its poisoned arrow becoming an intoxicating descriptor for the year's most talked about topics.
2. This year, toxic chemical had notoriety as the nerve agent poisoning of a former Russian intelligence officer and his daughter in Britain.
3. The term toxic environment has been more frequently used in reference to harmful workplace environments.

SevanthiPriya, M A English



KRYS-TRAVEL

TREKKING

Trekking offers one with an inherently fulfilling and refreshing experience. It is considered as an exercise for both the mind and the body. Apart from cardiovascular strength and other physical health benefits it provides, the release of endorphins reduces stress, changing a person’s entire outlook towards life. The fresh air and different moods of nature can only be experienced and appreciated when one is away from the dull and monotonous city life. Rejuvenating oneself is possible only when one is in tune with nature. The sight of the countryside gives one a feeling of independence. The whole experience may help one discover a new purpose to life.

INTERESTING PLACES TO TREK IN KARNATAKA

**Trekking in Savandurga, Savandurga**

Savandurga hill is situated 60 km from Bangalore. It has one of the largest pieces of single rock formation and provides a steep slope to the viewers. Situated away from the city, this place is an epitome of bliss.

**Trekking in Anthargange, Anthargange**

The Anthargange Mountain has a brace of nature and dense forest at the foot of the hill. The mountain is situated at an altitude of 1712 meters above sea level. Amazing qualities of this place include rocky boulders, small caves and dense plantations.

**Nandi Hills, Karnataka – Hillocks borrowed from heaven**

A well known holiday spot located around 60 kilometers away from Bangalore; Nandi Hills is definitely a trekking getaway.

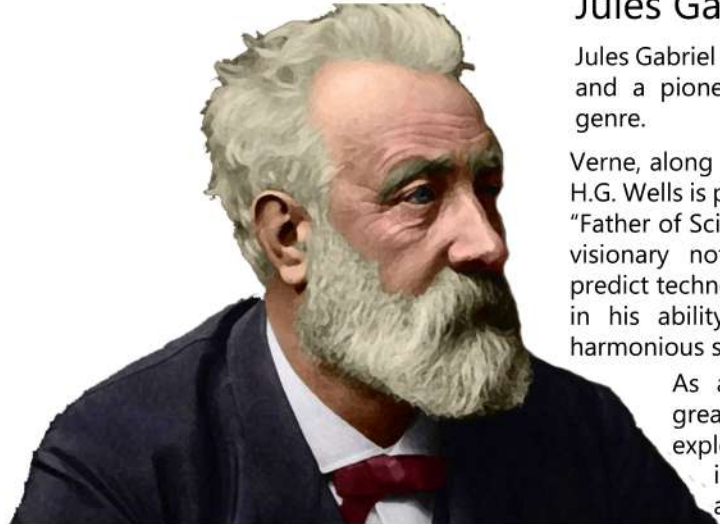
**BR Hills, Karnataka – Of picturesque and exotic flora and fauna**

The Biligiriranga Hills is rich in flora and fauna. A trekker would also feast his eye on the beauty of the Western and Eastern Ghats from the top of the hill.

**Gokarna, Karnataka – Land of palm trees, blue seas, and golden sand**

Gokarna is a pilgrimage town of the Hindus and a recently found destination for beach lovers. It has a breathtakingly beautiful landscape.

KNOWN / YET UNKNOWN



Jules Gabriel Verne

Jules Gabriel Verne was a French author and a pioneer of the science fiction genre.

Verne, along with Hugo Gernsback and H.G. Wells is popularly referred to as the “Father of Science Fiction”. Verne was a visionary not only in his ability to predict technological advances but also in his ability to imagine a utopian, harmonious society.

As a child, he developed a great interest in travel and exploration. This was evident in his adventure stories and science fiction.

Of the 80 novels and other short stories he published, 62 make up the corpus of “Voyages Extraordinaires”. Imagination played a vital role in all these novels and they were termed as “geographical novels” which were marked by discoveries, exploration and voyages.

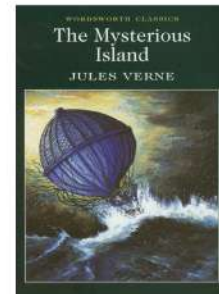
*“Anything one man imagines, other men can make real” – Jules Verne*

**Best known works:**



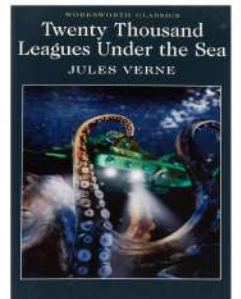
Journey To The Center of The Earth (1864)

Around The World In Eighty Days (1873)



The Mysterious Island (1875)

Twenty Thousand Leagues Under The Sea (1870)





KNOWN / YET UNKNOWN

**The Man behind K**

Franz Kafka, the great Czech writer, on his death bed ordered his friend and fellow writer Max Brod to destroy all his works after his death. Fortunately for humanity, the orders were disobeyed.

Franz Kafka was born in Prague, Czechia in the year 1883. He wrote only three novels and three collections of short stories but it was enough to build his gigantic posthumous reputation. The three novels *The Trial* (1925), *The Castle* (1926) and *Amerika* (1927) are all unfinished because Kafka was dissatisfied with them. *The Metamorphosis* (1915), a short story written by him is his most famous work.

Kafka is great because of his uniqueness, so much so that scholars came up with the word 'Kafkaesque' to

describe the unique scenarios of bleak realities that he described in his stories. Kafka's world is the opposite of a fairy land. His description of the dark world governed by the authoritative figures that crush Mr. K under their feet was much

**FRANZ KAFKA**

inspired by his own experience of working in an insurance company, a job he hated. His father, Hermann Kafka influenced his writing to a great extent. Hermann was a successful businessman with a domineering personality; with his father around, Kafka had a diffident life. He died in the year 1924 at an early age of 41 due to laryngeal tuberculosis.

**Kafkaesque**

The world Kafka creates in his books are much like a labyrinth. The protagonist has to navigate the labyrinth of bureaucracy in order to escape its absurd and illogical ordeal. This unique and nightmarish scenario is Kaf-

kaesque. Kafkaesque explores the disorienting relationship between the system of power and the subjects caught up in the senseless circle. Frederick Karl, one of Kafka's biographers, says that Kafkaesque is "the representative adjective of our times."

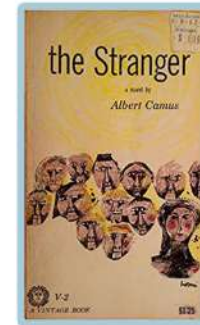
T F Calvin, M A English

KNOWN / YET UNKNOWN

Other books with Kafkaesque elements



**1984**  
George Orwell



**The Stranger**  
Albert Camus



**Forgetting the Angel**  
Jay Cantor



Movies with Kafkaesque element



**Brazil**

**L'Ange**

**Dark City**



KONVERSATIONS

TRAVELLING WITH AN 'OPEN EYE AND AN OPEN HEART'



**Rev. Fr. Emmanuel P.J.**  
Director, Kristu Jayanti College of Law,  
Faculty, Department of Psychology,  
Director, Jayantian Extension Services &  
Jayantian Alumni Association

**Q What is exploration according to you?**

The word exploration is understood as a study, investigation, survey, research, inspection, enquiry, scrutiny or examination of a subject in an unfamiliar area. In that sense, exploration is enabling us to know the unknown. The most important way to look at it as a faculty is that exploration is something we do every day because education is enabling the student to explore the limitless horizons that nobody has ever travelled to.

**Q How would you describe travelling in relation to exploration?**

Traveling is a beautiful way of exploring. The best way to expand our thinking and our horizons is, if we travel. There is a phrase, "The frog in the well" which refers to the closed mentality of people. It is not the frog that was born a fool but it's lack of opportunity to come out of

the well to believe that there is a world beyond the well. We are all born as frogs in a well and we need to break open the barriers to our safety, comfortable zone like the well. We need to get out depending on our opportunities and relying on the possibilities. If we get a chance, we should travel with an open eye and an open heart, believing that the world is going to be different. Kristu Jayanti College is a nice platform for me to see people from all over the world.

**Q Which is the best way to explore Kristu Jayanti College?**

In Kristu Jayanti College we are blessed to have more than 7300 students. Divine Providence is working behind everything that is happening in the college. In order to facilitate smooth functioning of a College as an autonomous institution as well as the best institution in the country, we have a lot of centers which facilitate our quality. One of the prominent ones include the Internal Quality Assurance Cell (IQAC) which takes care of establishing the procedures and moralities of collecting information and various aspects of the intuitions of functioning. There are Research Centers, IT Centers, Libraries, Media Lab and centers for Employability and Corporate Relationships (CCR), Center for Civil Services Coaching, NET and SET training, Professional Studies Centers, Language Learning Center and Center for Continuing Professional Development. We also have clubs and associations. Prominent ones are, the Literary and Cultural Association (LCA), Life science, Life skill, the Film,

KONVERSATIONS


Photography, Journalism, Computer, Commerce, Management, Tourism Club, Environment, Professional Forum, Psychology Club, Current Affairs Forum, Women Empowerment Cell, International Students Forum, Sports and Games club, NSS, NCC, CSA, Jayantian Catholic services, Jayantian Extension Services (JES), Alumni Association etc which are all helping our students to have a holistic growth in their education.

**Q How are mentoring centers in the College helpful?**

We believe in the holistic development of the students. In order to achieve that, the intellectual, emotional, physical and spiritual well-being is maintained properly. This is assured with various activities involved in the curriculum and

extra-curricular activities. One of them is the academic mentorship which is also often called the guidance and counseling. All teachers are trained to be mentors, but we also have specially trained teachers, special mentors who help students in a professional manner. In addition to that, Kristu Jayanti College is planning to develop an academic mentorship programme for chosen faculty members as a faculty development program for 50 to 51 hours which will enable all professional teachers to be specially trained mentors. This will make the students as well as the teachers understand how to professionally and more usefully deal with the situations that would require a professional help.

**Daphilabet Khriam, Tallo Mary, Thepfusaneinuo, M A English**



Travel makes one modest. You see what a tiny place you occupy in the world.

~ Gustave Flaubert

AZ QUOTES



# KRYSTA-LIST

1 Daniel Defoe's book, The Adventures of Robinson Crusoe was based on the experiences of a Scottish sailor, Alexander Selkirk who was a traveller.

2 Herman Melville's Moby Dick is dedicated to Nathaniel Hawthorne, the author of The Scarlet Letter.

6 The original title of the book Treasure Island by Robert Louis Stevenson is "The Sea Cook" which refers to Long Jon Silver, who serves as the cook

aboard the Hispaniola. But Stevenson's publisher convinced him to change the name and it first appeared to readers as Treasure Island: Or the Mutiny of the Hispaniola.

Lewis Carol's book Alice in Wonderland was banned in China as the book suggests animals can talk and write just like humans, which according to the governor of Hunan, China is "disastrous".

9 Jane Austen started her now-famous Pride and Prejudice right after she turned 21. The publishers rejected her work, and the novel was left unpublished for fifteen years. Only after Sense and Sensibility became a huge success in 1811 could she publish her first literary work.

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5 In Gulliver's Travels, Jonathan Swift described the two

7 Aladdin, one of the main characters of Arabian Nights, or The One Thousand and One Nights as narrated by Scheherazade, was actually Chinese.

8

# 10 Literary Facts

The Starbucks coffee house chain took their company name from a character in the novel Moby Dick.

Sushma X, M A English

# KRYS-ISM

## Literature

### Neo-formalism

Neo-formalism was a twentieth century movement that brought development in American poetry. The movement took inspiration from the traditional forms of verse in terms of meter, rhyme, and stanzaic symmetry.

### Dark Romanticism

It is a subgenre of Romanticism in literature. The literary movement had elements of the demonic and the grotesque in its work which was inspired by Gothicism. Edgar Allan Poe was a celebrated poet of the movement.

### Transcendentalism

It rose against intellectualism and spirituality of the time. The writers believed in the goodness of humanity and emphasized insight over logic. They loved and worshiped nature and found a new life in it.

### Magical Realism

Magic realism is a combination of the real aspect of the modern world added with some magical elements. The work contains fables, myths, and allegory intermixed with realism. It is sometimes called fabulism.

## Theatre

### Theatricalism

Theatricalism was a revolt against realism. It started in the 20th century theatres. It was an attack on the illusion of reality that was created on stage in the realism. The Theatricalists openly acknowledged that what was on the stage was a play and not a real situation.

## Philosophy

### Empiricism

In philosophy, empiricism is a theory that states that knowledge comes only from

sensory experience. It is one of the branches of epistemology, the study of human knowledge, along with rationalism and skepticism.

### Nihilism

Nihilists lack belief in the sanctioned meaning of life. Nihilism is most commonly studied as existential nihilism. It argues that life is without objective meaning, purpose, or intrinsic value.

## Art

### Cubism

Cubism was one of the most influential 20th century art movements. The movement was founded by Pablo Picasso and Georges Braque. Artists took a fresh approach to their subject to depict three-dimensions on their flat canvas. Different aspects of the subject were put together in the same painting to achieve a fragmented and abstract effect.

T F Calvin, M A English



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T F Calvin, M A English



### RURAL EXPOSURE AT GOVERNMENT SCHOOL



Photo Credit: Nandakishore T S, M A English

The last day of our rural exposure found us high up in Matanga Hills, which is one of the best destinations in Hampi. It provides the best spot for an aerial view of Hampi. We reached there early in the morning so as to see the sun rise from the top of the hill and it took us atleast half an hour to climb up to the top. We were the first tourists of the day to reach the hilltop. We sat down and allowed the gentle breeze to caress us. The view from above was so sublime that it raised many philosophical and religious questions in our minds. After the sunrise we all sat down to have breakfast together on the mountain top and a dog also joined us, making us wonder where it suddenly appeared from. With the beautiful sight of the sunrise as a backdrop we enjoyed the joys and camaraderie of friendship and wished the moment would never end.

Time played spoil sport and soon it was time to pack up and leave. We began our journey back, holding fast to a bunch of cherished memories.

### THE BEST OF HUBLI AND THE BEAUTY OF HAMPI

People choose various ways to be happy in their lives. Some needs to sit alone and enjoy the moment while others love to travel across the world in search of happiness. I belong to the latter group of people who love to travel and explore. As part of our academic programme, our class got an opportunity to explore both Hubli and Hampi. The objective of the visit was to spend time with the rural school children in that area. Hubli, being the second largest city in the state of Karnataka is the nerve centre for North Karnataka region and the fastest growing city after its capital Bangalore. My friend's family fortunately had a beautiful farm house there and were our gracious hosts. Their farm was in the outskirts of a little rural town. During our stay there, we cooked together and bonded over food, campfires, songs and exchanging narratives. The whole trip was a wonderful experience.

The main purpose of the trip was our visit to the school. We had the opportunity to interact with school children who amazed us with their discipline and active participation in the whole learning process. The manner in which the teachers and students greeted us completely overwhelmed us. Since the children were not used to visitors from outside, they were thrilled to have us there and followed us around almost as if we were from a different planet. Their eyes sparkled with joy at the sight of our faces. We then engaged the students at different classrooms teaching them and interacting with them. When it was time for us to leave the place, I walked away leaving half my heart there with the children. We were happy to learn that the children were equipped with suitable teaching aids for different academic levels. We also spoke to them about dedication, sincerity and the rewards of hard work. The children were indeed shining gems that will definitely light up the world soon.

**Jyothis Koshy Thomas, M A English**

Photo Credit: Nandakishore T S, M A English



## KATA-ALIGHT

## ECOTOURISM



When this growth is multiplied, it brings about environmental stability. Ecotourism promotes recycling, water conservation, preservation of nature and foster upon us an appreciation of our natural habitats. Simultaneously, ecotourism elevates the cultural integrity of local people. The approach taken by environmentalists since the year 1980s towards ecotourism is extremely important. This benefits not only the present generation but the future generations at large.



Daphilabet Khriam, M A English

"Ecotourism is a form of tourism involving visiting fragile, pristine, and relatively undisturbed natural areas, intended as a low - impact and often small scale alternative to standard commercial (mass) tourism." The subject of ecotourism is to enhance exploration and at the same time to educate the traveller. By doing so, funds can be provided for ecological conservation. It requires a socially responsible traveller to reach destinations of great flora and fauna. These primary attractions play a major role in the personal growth of a traveller.

## EVER WONDERED?

## MANDELA EFFECT

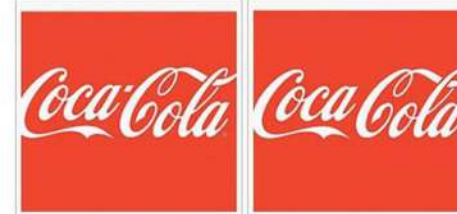


Mandela effect is a phenomenon where a large group of people misremember the same experience. The Mandela Effect refers to a conflict between the past and people's memory of the past. The term was coined by Fiona Broome, a paranormal consultant in 2009 and refers to a widespread misconception that former South African President Nelson Mandela died in the 1980s while he was incarcerated. In reality, Mandela was liberated in 1990 and was very much alive. He passed away only in 2013.

Many thousands now firmly insist on remembering Mandela's death in prison complete with news coverage of his funeral and a heartfelt speech by his widow. The term has since expanded to include hundreds of similar collective fallacies and theories whose origins are quite imaginative. Fiona and many others are of the belief that these misconceptions are the result of "alternate realities".

**Maria Supriya G, M A English**

Which one is correct?





KRYTICISM

THE MAD WOMAN IN THE ATTIC



'The Madwoman in the Attic': The Women Writer and the Nineteenth century literary Imagination, is the title of the book published in 1979 by Sandra Gilbert and Susan Gubar. It is a hallmark of the second wave feminist criticism with Gilbert and Gubar proposing that all female characters in male authored novels can be categorised as either an angel or a monster. They claimed that 19th century female writers carried a lot of rage and frustration about the misogynistic world they lived in and the predominantly male literary tradition. The title of the book is derived from Jane Eyre's character Bertha Mason, who is locked away by her husband the male protagonist Mr Rochester. They conclude by urging female writers to break out of this patriarchal dichotomy and not let themselves be limited by its impositions.

Bendangrela Longkumer, Nikhitha M Chinta, M A English

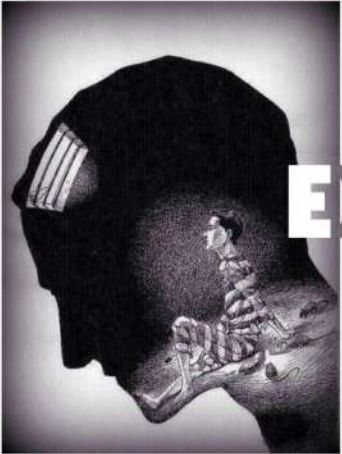
I wasn't just the madwoman in the attic--I was the attic itself. The past was all over me, all under me, all inside me.

Elizabeth Wurtzel



KRYTICISM

A thought that most of us have mused over. Sometimes it strikes us when we are in the shower or when we are transfixed by an exquisite view. EXISTENTIALISM happens to all of us, in our adolescence, our adulthood and sometimes even during middle age. It is a question that has haunted humans for thousands of years - What is my purpose in Life? Why am I here?



EXISTENTIALISM

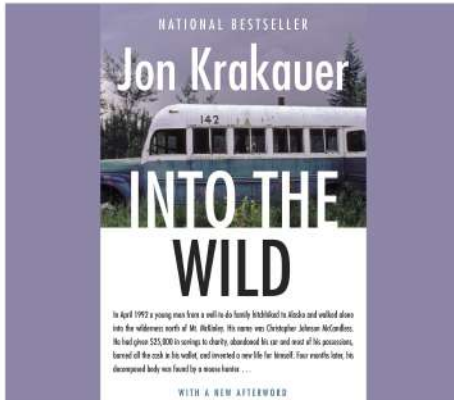
Existentialism is a European philosophy that began in the mid-19th to 20th centuries and became popular following the horrific years of WW II, when many began to doubt the traditional idea of a moral deity after having witnessed the terrifying atrocities committed during the war. The first philosopher to have actually identified as an existentialist is Jean Paul Sartre who said that we are all born without any kind of collective purpose. We are born independent individuals rather than the labels and stereotypes that society or our families decide to put on us. Our purpose or essence as Sartre describes is not what others place on to us, but instead is ours to create through our own consciousness.

S. Madhuvanthi, M A English



## KRITIQUE - BOOK REVIEW

## INTO THE WILD



The Protagonist of the book, Christopher McCandless, undertakes a solo journey after graduating from college to discover himself. Tired of the materialistic world he lived in, he donates his savings to a charity and sets out into the wilderness with no formal survival training, living on wild game and foraged food. The young transcendentalist was influenced by the ideas of

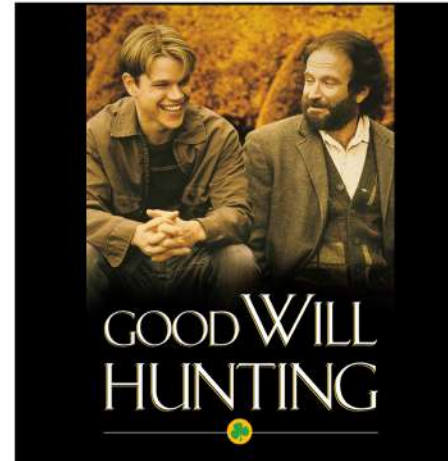
Henry David Thoreau, Boris Pasternak, Leo Tolstoy and Jack London with a firm belief in the corruptive nature of wealth. In one of his diary entries he advocates the concept of giving up security to adopt a more spontaneous life. After surviving 112 days in the wild, McCandless had dies of starvation. Almost a year later, the author undertakes his own journey to understand the essential impulses of McCandless' actions. After piecing together little bits and pieces, the author repeatedly tried to hypothesize what caused Christopher McCandless' death. The story of Christopher McCandless is tragic and yet elating. In his last notes, he wrote that he has had a happy life and one cannot think of anything greater than a life well-lived.

**V L Remruati, M A English**



## KRITIQUE-MOVIE REVIEW

## GOOD WILL HUNTING (1997)



The epic scene in Good Will Hunting (1997) directed by Gus Van Sant begins with the line, "If I asked you about Art you'd probably give me the skinny on every Art book ever written..." In the scene, besides the pond, the central characters Will and Dr. Sean (played by Matt Damon & Robin Williams) exchange intense dialogues upon art, life and literature. The movie is a masterpiece which narrates the life of

Will Hunting, a mathematical genius who, due to his emotional instability is unable to deal with his life. Will lives in his cocoon of emotional safety out of fear that people won't love him back, because he is afraid to get hurt. But when Dr. Sean (Robin Williams) comes into his life, Will breaks away from his insecurities bit by bit and seeks to soar above his fears. Will is an orphan and Sean tells him, "Do you think I know the first thing about how hard your life has been because I have read Oliver Twist? Does that encapsulate you?" It explains that one cannot possibly understand the depths of anyone from a book or any piece of literary work. One's richness of life is measured by the intensity of one's experiences. Each person should be courageous enough to go out into the world and live life. This is a must watch for those with a modicum of interest in Self Development and Growth.

**Amal Paul Micheal, M A English**

**Liberty is the soul's  
right to breathe.**

Henry Ward Beecher



## KRYC-CROSS

## FRENCH WORDS IN ENGLISH



Art by Ragi Sebastian, M A English

If the English lexicon were to be imagined as a Rubik's cube with each tiny square representing each language from which English has borrowed then the cube, to your amazement, would have to be redesigned to a much larger size. It is believed that English borrows from as many as 350 other languages to form its lexicon. The French language is one of the major contributors to English language. A study revealed that English has 28.3 percent French words in its belly and its voracious appetite keeps growing. Let's learn about a few of them.

French Word	Use in English	French Meaning	English Meaning
Avant-garde	Avant-garde	Before guard Front line	Innovative movement in the arts, usually pertaining to artists
1. Déjà vu 2. Déjà-vu	Déjà vu	1. Already seen 2. A feeling that one has lived through the present situation before	A feeling that one has lived through the present situation before
Mirage	Mirage	Look at, wonder at, admire	Optical phenomenon where a displaced image of distant object or the sky is produced  An unrealistic hope or wish that cannot be achieved
Pot-pourri	Pot-pourri	Fragranced dried flower, fruits and herbs	Fragranced dried flower, fruits and herbs
Souvenir	Souvenir	1. To remember or recall 2. A physical relic that induces recollection	A thing that is kept as a reminder of a person, place, or event

T F Calvin, M A English

## KRYSTA-LITE

## MARTIAN EFFECT



Non-conformity, novelty—however you define 'weird'; it's something that goes against what is commonly accepted. 'Weird' is seeing things differently. It's connecting the dots where we normally wouldn't. Whether you are working on a project, essay building or business, maintaining the status quo is an innovation killer. That's why it is important to keep things 'weird'. If one stops to consider a few of the biggest industry disruptors over the past few decades: Uber, AirBnB, Amazon and such like we realize that on the surface, the ideas of these companies seem 'crazy'. It is weird to realize that the world's largest accommodation organization does not own a single accommodation. It is indeed hard to imagine that one of the most popular transport agencies do not own the vehicles or employs the drivers?

**Leverage the Martian Marz Effect**

It was a German psychologist Hedwig von Restorff who discovered that we remember things that stand out more easily. For example, let's look at a list: apple, car, tomato, dog, rock, banana, pencil, Martian Marz, helicopter, cat, and cheese. Which items do you remember? I bet it wasn't tomato. In the context of the list, Martian Marz stands out like a sore thumb—it's atypical within the context of the list thus he proved that the weird and strange are much more memorable when they exist in the context of the familiar. It is important however to find that fine balance between the familiar and the controversial and not to overdo the weirdness. Oscar Wilde (an equally weird and creative person) succinctly said, "The imagination imitates. It is the critical spirit that creates."

Tallo Mary, M A English



KRYPTIC-CODE: RIDDLES

Q1. I am the country or person who supports or pays for something. Spain was Ponce de Leon's. What am I?

Q2. I am a person who travels in search of new discoveries. Example is Columbus. What am I?

Q3. I am the word used to describe a person from one of the countries from Europe. What am I?

Q4. I was the first European explorer to find a sea route to America. Spain was my sponsor. Who am I?

Q5. I am located in Virginia. I was the first permanent English settlement in North America. What am I?

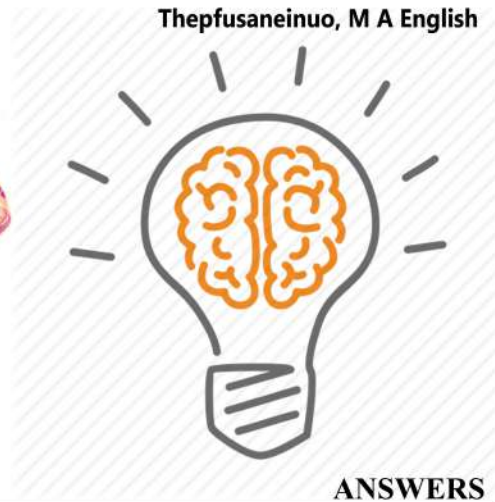
Q6. I am a round model of the Earth that shows where places are located. What am I?

Q7. I am a smaller version of something that stands for the real thing. An example is a globe. What am I?

Q8. I am a picture stands for something else. I am used on maps to show cities, roads, land and water features. What am I?

Q9. I am a part of map. I tell you the name or kind of map. What am I?

Q10. I am the study of location, climate and physical surrounding of a place. What am I?



Thepfusaneinuo, M A English

ANSWERS

- 1. Sponsor.
- 2. Explorer.
- 3. European.
- 4. Christopher Columbus.
- 5. Jamestown.
- 6. Globe.
- 7. Model.
- 8. Symbol.
- 9. Map Title.
- 10. Geography.

KRYPTIC-CODE: PUZZLE

D	N	N	Y	J	R	E	N	R	A	M	S	A	L	I	S	R	O	R	K	D
L	U	W	I	A	K	O	E	F	T	S	Z	L	Y	J	R	E	E	R	C	N
E	G	D	Z	S	J	C	M	U	E	W	F	U	M	X	R	T	W	S	I	A
I	R	B	A	T	W	W	O	I	U	J	F	T	Z	Y	T	B	N	T	D	L
F	E	F	J	H	C	C	R	L	L	P	N	R	E	E	E	N	A	H	Y	S
R	A	L	O	G	Z	L	U	W	I	A	L	E	L	R	I	L	C	E	B	I
E	T	O	X	I	U	E	G	D	Z	S	J	T	S	F	I	F	N	O	O	E
P	E	R	C	E	M	I	R	B	A	T	W	Y	Y	T	G	D	X	D	M	R
P	X	O	F	H	G	X	H	C	J	L	V	R	T	K	A	V	S	Y	A	U
O	P	B	K	G	Q	X	T	Y	R	K	R	L	T	Y	J	I	K	S	N	S
C	E	I	F	N	A	E	E	A	S	E	E	W	R	W	O	H	O	S	I	A
D	C	N	J	I	V	D	C	C	B	W	C	T	H	F	I	W	J	E	N	E
I	T	S	I	R	G	S	Z	E	O	H	N	A	V	I	Y	S	D	Y	E	R
V	A	O	L	E	E	L	L	M	O	E	P	D	I	T	T	X	T	Q	R	T
A	T	N	D	H	E	K	E	S	F	C	A	G	P	A	L	E	A	L	A	B
D	I	C	T	T	C	N	X	H	Q	H	A	I	M	V	P	Q	F	W	K	T
D	O	R	W	U	A	W	W	C	S	A	Z	H	X	W	T	P	P	A	A	R
C	N	U	H	W	P	U	H	A	I	P	W	H	M	M	Q	D	K	I	N	F
B	S	S	C	A	R	E	G	R	E	B	E	D	O	N	A	R	Y	C	N	G
X	R	O	A	T	A	L	E	O	F	T	W	O	C	I	T	I	E	S	A	M
S	J	E	S	C	U	K	G	F	R	T	Y	C	A	W	J	W	V	B	H	T

BOOK SEARCH

- |                      |                    |                   |
|----------------------|--------------------|-------------------|
| A TALE OF TWO CITIES | MOBY DICK          | TREASURE ISLAND   |
| ETHAN FROME          | THE SCARLET LETTER | DAVID COPPERFIELD |
| LITTLE WOMEN         | OLIVER TWIST       | WHITEFANG         |
| THE ODYSSEY          | CYRANO DE BERGERAC | ROBINSON CRUSOE   |
| ANNA KARENINA        | HUCKLEBERRY FINN   | DON QUIXOTE       |
| GREAT EXPECTATIONS   | IVANHOE            | SILAS MARNER      |
|                      | JANE EYRE          | WUTHERING HEIGHTS |



### List of Places for Bibliophiles in Bangalore



The **State Central Library** in Bangalore is one of India's biggest and oldest libraries.



The **City Central Library**, located in Jayanagar houses a collection of more than 50,000 books



The **JRD Tata Memorial Library** is now one of the most impressive educational libraries in the country.



The **British Council Library** of Bengaluru is one of the best libraries in the city.



## BOOKS ON STREET: RISE OF MICRO LIBRARIES

In this fast pace world when productivity speaks the innovation of micro libraries opened up a new world that aims to inspire a love for reading, build community, and spark creativity by fostering neighbourhood book exchanges around the world. Some of the unique micro libraries and community book shares that have brought books to cities, neighbourhoods, parks, and even beaches are:



### Arma de Instrucción Masiva (Weapon of Mass Instruction)

Altering an Argentine armed force car into a book tank, loaded with private donated books that passersby can pull from the car.



### IKEA Bondi Beach Outdoor Bookcase

Australia's most famous beach Bondi offers 30 red Billy bookcases containing thousands of books.

### Levinski Garden Library

A Library that has no walls or doors, where the shelves are transparent and illuminated from within, causing them to glow in the park at night.



### Bookyard

Bookyard is an outdoor art installation and library.

### Phone Box Library

Adopting a kiosk for repurposing as libraries, art installations and even public toilets.



Ansen Varghese, M A English



## WHAT IS PHUBBING?



Photo Credit: Nandakishore T S, M A English

The term “Phubbing” was coined as a part of the campaign by Macquarie Dictionary to describe the habit of snubbing someone in favor of a mobile phone. In May 2012, the advertising agency behind the campaign, McCann, had invited a number of lexicographers, authors, and poets to coin a neologism to describe the behavior. The word “phubbing” was first described by McCann Group Account Director Adrian Mills, who was working with David Astle. The term has appeared in media around the world and was popularized by the Stop Phubbing campaign created by McCann.

Several studies show that “phubbing” makes face-to-face interactions less meaningful. Another study also found that the mere presence of a cell phone during a conversation even if no one were using it was enough to make people feel less connected to each other. Phubbing was also found to threaten four “fundamental needs” which are - belongingness, self-esteem, meaningful existence and control – by making phubbed people feel excluded and ostracized. The person being snubbed is the one most hurt by phubbing. But the phubber is affected too.

Perhaps the most important thing is that phubbing may be a sign of problematic technology use. Many experts consider a device habit worrisome when it begins to interfere with everyday life, and feeling compelled to text or scroll through the phone during face-to-face conversations may fit that bill.

**F Lalruatpuii, M A English**

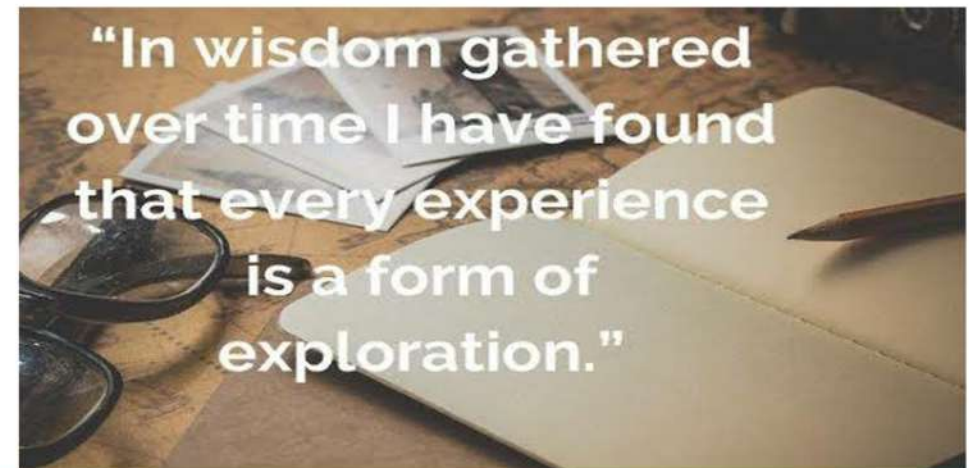
## LIVE TREKKER

LiveTrekker is a solution for capturing, sharing and consolidating all the digital media we accumulate on a journey, on gorgeous maps. This app can be accessed anytime



and can be kept forever to build the perfect memory. LiveTrekker is a mobile App with which we illustrate our trips and travels peppered with a wide array of rich digital media and interspersed with all our thoughts via comments. Content is safeguarded and can be shared easily with anyone we choose. With this app we can track our path and pin photos, videos, audios or text to the map as we go. It can be visualized accurately on gorgeous maps. Tracking is also possible through GPS providing timing, speed and much more features. All data is confidential and maintained rigorously with privacy in mind. To sum up, it is a great and handy way to preserve our valuable memories.

**Nandakishore TS, M A English**





**KRYSTALS: HIGH-ACHIEVERS**



Chitra V Nair receiving the certificate for the first rank (M.A English) at Samavarthana '19 from the Principal, Fr. Josekutty P.D.



Sherin Rose Varghese receiving the certificate for the second rank (M.A English) at Samavarthana '19 from the Principal, Fr. Josekutty P.D.

**KRYSTALS**

STUDENT	POSITION	INSTITUTION
Albin Johnny	Assistant Teacher	Maxwell Public School, Bangalore
Ann Mary Paul	Content Writer	Reylon Softech Ltd., Bangalore
Bessy B Joseph	B.Ed	Christ University, Bangalore
Chitra V Nair	Academic Expert	Peer Assignments, Bangalore
Christina Alex	Associate (Tax Analyst)	E&Y Bangalore
Devi Namitha	B.Ed	Christ University, Bangalore
Elizabeth Jancy	Teacher	St Charles ICSE School, Bangalore.
Febiah R.S	M.Phil (Research Scholar)	Noorum Islam University, Tamil Nadu
Ferrin S Raj	English Teacher	International Pioneers School, Oman
Gayathri M	SEO Analyst	Sine Web Solutions, Bangalore
Gouri Priya M S	Business Skills Faculty	TCS , Nagpur
Greshma Clement	B.Ed	St.Thomas College, Kerala
Jerin T	B.Ed	St. John The Baptist College, Kerala
S. Jerome	Completed TESOL	
Joanna Emima Augustine	Secondary Teacher (English)	Vibgyor High, Bangalore
Sr. Honey Maria Jose	B.Ed	John Paul Memorial, Kerala
Loveena M	Teaching Faculty	Christ International School, Bangalore
Nimisha Tom	B.Ed	Christ University, Bangalore
Rinkle James	ILP Business Skills Faculty	TCS , Delhi
Rituza Roy	Associate	E&Y, Bangalore
Rosy Anna Martin	M.Phil (Research Scholar)	Christ University, Bangalore
Sharon John	Business Skills Faculty	TCS , Noida





# ALL THE BEST

Outgoing Batch 2017-2019

**M.A. English Literature [Batch 2017-19]**

You have left a vacuum in our hearts. We still look for you in the hallways, hankering for your cheerful smiles and friendly guidance, your words of wisdom and acts of kindness continue to inspire us. We miss you and wish you all the best for a great future of committed and conscious living as you carry the Jayantian Legacy forward.

## KRYSTA - LENZ



Phone specifications:

Samsung Galaxy A7 2018

15.24 cm (6 inch) FHD + Display

24MP + 5MP + 8MP|24MP Front Camera

Samsung Exynos Octa Core Processor (2.2 GHz)

**Daphilabet Khriam, M A English**



## KREATE

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## KREATIVE SPACE

## OUR COLLEGE



Kristu Jayanti College is an incarnation of the educational dreams of Saint Kuriakose Elias Chavara (1805-1871) the founder of the religious congregation, Carmelites of Mary Immaculate (CMI). The motto of the college, 'Light and Prosperity', aims at the synthesis and the harmony of the spiritual and the physical - the mind and the body. The curriculum and the co-curricular activities are the basic structures acting as springboards to step into the mystery of human life and beyond. The very name, Kristu Jayanti, as the college was started in Anno Domini 1999, is the commemoration of the two millennia of the birth of Jesus Christ, the Son of God, who invites each of us to attempt to reach the perfection of the heavenly father, God himself: "Be perfect, therefore, as your heavenly Father is perfect" (Matthew 5:48).

The college is affiliated with Bangalore University and is reaccredited with the highest grade 'A' by NAAC in Second Cycle of Accreditation. The college is recognized by UGC under the category 2(f) & 12(B). The college was accorded autonomous status from 2013 by the University Grants Commission, Government of Karnataka and the Bangalore University.

## OUR DEPARTMENT

The Department hopes to foster a congenial atmosphere for creativity and assiduous work: this beautiful result in the form of this magazine reiterates both the efficiency of its policies and the honest work of its members - both students and faculty. Its attempt to create a place where this creativity can flourish continues to remain as the hallmark of our Department and it is with every joy that we present to you this work of art in the form of 'Krysalis'.

It is immensely gratifying to witness this release of 'Krysalis,' the in-house magazine prepared by the 2018 - 2020 batch of the Department.

**Dr. Krishna Prabha VP, HOD, Department of English (PG)**